

Emotions, Emotional

A walk in nature with its variety of sensory experiences, seems to be conducive to positive or even ecstatic emotional states.

Although this is in no way the norm, psychedelic experience can result in a major personal transformation or can resolve a chronic emotional problem.

As objects become charged with symbolic meanings, they incorporate emotions, often of a religious nature.

As the gates of the unconscious mind open, a wide variety of repressed emotions and recollections can be released into conscious awareness.

Careful planning of both the emotional atmosphere and the physical environment is important.

Clinical data suggested that these experiences had a unique therapeutic potential in the treatment of various emotional disorders.

Death and rebirth experiences are very complex and have biological, emotional, and intellectual, as well as philosophical and spiritual facets.

Drug users often refer to emotions or combinations of emotions they have never felt before.

During any profound emotional experience, religious or otherwise, chemical or hormonal bodily changes occur.

Emotions are closely tied to ego games. Check your emotions at the door to paradise. (This refers to negative emotions.)

Events from different historical contexts appear in clusters when they share the same strong emotion or an intense physical sensation of a similar kind. (eyes closed)

Every kind of typically religious emotion, symbol, and insight appears during psychedelic drug trips.

Every person possesses a tremendous fund of God-given talents. I lay thinking that when talents remain unrecognized and unused, it was because of emotional blocks.

Experiences from the past connected with a strong emotional charge are activated, brought forth from the unconscious and relived in a complex way.

Feelings of awe, reverence or sacredness are the natural emotional response to the realization of the overwhelming power and radiance of the universal energy process.

Frequently, music seems to resonate in different parts of the body and to trigger powerful emotions.

In our emotional evolution, the missing link between the anthropoid ape and mature man might be present-day man.

Inhibitions and suppressions relax, allowing emotions, thoughts, fantasies, and memories to flow more freely.

Insights are accompanied by an emotion which reinforces the conviction that a fragment of Truth has been discovered. We call this kind of learning “revelation.”

Intuitive flashes are transient, spontaneous altered states of consciousness consisting of particular sensory experiences or thoughts coupled with strong emotional reactions.

It activates the patient’s unconscious so as to bring forth fantastic and emotional phenomena.

It is often possible to facilitate the emergence of a certain emotional quality by a specific choice of music.

Live here and now; do not be a slave of emotional memories of the past; be aware of what is going on now.

LSD activates emotionally important material in different areas and on various levels of the personality.

LSD could expedite the psychotherapeutic process and shorten the time necessary for the treatment of various emotional disorders, which makes it a potentially valuable tool.

LSD provides unrivaled insights into the dynamics of emotional disorders and the functioning of the human mind in general.

LSD psychotherapy can be beneficial over a very broad spectrum of emotional and psychosomatic disorders.

LSD subjects frequently experience contact with water as being not only physically cleansing, but also emotionally and spiritually purifying.

Many people retain a powerful sense of incompletely explored emotional and intellectual possibilities of something felt as intensely real and not yet explained or explained away.

Music is often helpful in establishing certain emotional moods and thereby aids the subject in letting his feelings come out.

Mystical consciousness is not primarily an emotion. It is a perception. (The perception comes first and then there can be an emotional feeling about the new perception.)

No one should take LSD unless he’s well prepared, knows what he’s getting into and is ready to go out of his mind. Be with someone you trust emotionally and spiritually.

Occasionally, the geometrical and ornamental visions appear to have some specific emotional connotation.

Old destructive patterns of behavior may suddenly be abandoned after an overpowering emotional experience. The learning of new attitudes and techniques may become easier.

Once a person has been emotionally stirred to such depths, he can never completely lose his new sense of awareness.

One feels, or responds emotionally with more intensity, more depth, more comprehensiveness.

Our education, from the start, has taught us a certain range of emotions, what to feel and what not to feel and how to feel the feelings we allow ourselves to feel.

Patients are encouraged to use the sessions for self-exploration and dynamic understanding of their emotional problems.

Pervasive feelings of the “All rightness of the Universe” and a humble gratitude are the overwhelming emotional responses to union or communion with the divine.

Powerful experiential sequences of dying and being born can result in dramatic alleviation of a variety of emotional problems.

Psychedelic therapy can have a positive effect on a variety of emotional symptoms and problems.

Recall is not just merely accurate in every perceptual detail. It is also accompanied by all the emotions which were aroused by the events when they originally happened.

Rudolph Otto uses the term *mysterium tremendum* to describe the fundamental religious emotion, that which is felt in apprehending the numinous or holy.

Sudden and unexpected displays of more primitive and intense emotion than shown during normal waking consciousness may appear.

Techniques that directly activate the unconscious seem to reinforce selectively the most relevant emotional material and facilitate its emergence into consciousness.

The ability to relax physically and emotionally and enjoy ordinary things in life is greatly enhanced.

The archetypal figures are endowed with great energy and numinous power. When we encounter them, the experience is usually associated with strong emotion. (eyes closed)

The deep contents of the psyche that we are ordinarily unaware of erupt into consciousness in the form of images, powerful emotions, and strange physical sensations.

The development and expansion of a direct emotional experience of reality, unobstructed by words and concepts would be of evolutionary significance.

The drug invites self-disclosure and emotional closeness without disturbing intellectual capacity.

The effects of these drugs result in an intensity of personal experience and emotion more meaningful than the term “hallucinogenic” implies.

The emotional human being is a drug addict, continuously and recklessly shooting himself up with adrenalin and other dark ferments. (That was Timothy Leary.)

The emotional impact of sound can be modified. Not infrequently, LSD subjects discover dimensions in music that they were unable to perceive before.

The essential principle of mysticism is perception, though usually accompanied by strong emotions which the uninformed may mistake for the perception itself.

The experiences they produce are of an infinite variety. They might be aesthetic, psychological, philosophical insights or emotional releases.

The individual experiences a deep sense of emotional and spiritual liberation, redemption and salvation.

The individual is freed or forced to experience a great outpouring of feeling often far beyond his conception of his own emotional capabilities.

The nature of psychedelic therapy is such that the process itself automatically selects in each session the material that is most emotionally relevant at the time.

The psychedelics give warrant of being man's most valuable resource to date in solving problems and in treating emotional disorders.

The Puritans killed the senses. English culture killed emotion. And now it was necessary to dynamite the concrete lid, to "blow the mind" as the LSD followers call it.

The study of psychedelic drugs has engendered an enormous emotional reaction from society. (Will society ever wake up?)

The way to turn off the emotions is to turn on the senses, to turn on to your body, turn on to the electric glow within.

We are so ignorant of the basic effects of psychedelics that we can only legislate or "educate" in ignorance and emotional hysteria at present.

Western civilization, since the Renaissance, is one of the few social orders that does not provide for emotionally powerful rites of renewal and emergence.

When subjects share ego-shattering experiences together, they develop strong, positive, emotional bonds.

Words, whether we see them or hear them, bring to us not only meaning, sensations and emotions, but also images.

Your emotions are profoundly affected and you feel that an indissoluble bond unites you with the others.

Aesthetic responses are greatly heightened, colors seem more intense, textures richer, contours sharpened, music more emotionally profound, the spatial arrangements of objects more meaningful.

All of this stuff that is normally hidden in the active language is suddenly not only available but visibly deployed in three-dimensional space and emotion. You recognize it as intimately of yourself. In a sense you recognize it as your soul.

Anything emotional, anything that might involve touching, anything that may involve feeling, anything that involved spiritual things, was very, very frightening to academics. Of course, Leary was doing all of that.

Aristotle is the author of the first explicit statement that full experience and release of repressed emotions are an effective treatment of mental illness. (Full experience means FULL experience, psychedelic experience, FULL psychedelic experience.)

Deep emotions can be understood only after they have been felt. I knew that it was impossible to communicate them. They must forever remain mysterious, an unsolved mystery to all who had not had such feelings.

Emotional healing is combined with a movement toward a more fulfilling strategy of life and a search for answers to the fundamental ontological and cosmological questions of existence.

Encounters with the divine regions are extremely healing. Reaching them, one often feels positive emotions such as ecstasy, rapture, joy, gratitude, love, and bliss, which can quickly relieve or dissolve negative states such as depression and anger.

Experiencing the extremes of human emotion leads to a better understanding of what there is in between, a wider acceptance of feelings and actions which would otherwise be unacceptable and inexplicable.

He or she typically feels freed from anxiety, depression and guilt, purged and unburdened. This is associated with a flood of positive emotions toward oneself, other people and existence in general.

I became intrigued by the possibilities that LSD psychotherapy seemed to offer for the alleviation of the emotional suffering of cancer patients facing the prospect of imminent death. (That was Stanislav Grof.)

Ideation, images, body sensation and emotion are fused in what is felt as an absolutely purposive process culminating in a sense of total understanding, self-transformation, religious enlightenment and possibly mystical union.

Important emotional experiences from the past are relived with all the physiological, sensory, emotional and ideational characteristics of the original reaction and frequently with a detailed, realistic representation of the setting. (eyes closed)

Important emotional, psychosomatic or interpersonal difficulties that have plagued the client for many years and have resisted conventional therapeutic approaches can sometimes disappear after a full experience of a transpersonal nature.

In deep experiential psychotherapy, biographical material is not remembered or reconstructed; it can actually be fully relived. This involves not only emotions, but also physical sensations, visual perceptions, as well as vivid data from all the other senses.

In our present primitive state, we have industries devoted to the production of the state of consciousness which I call emotional stupor. (That was Timothy Leary referring to alcohol and getting drunk and this society is still in a primitive state.)

It has mediated a profound spiritual opening in atheists, skeptics and materialistically oriented scientists, facilitated far-reaching emotional liberation and caused radical changes in value systems and the basic life style. ("It" is LSD.)

Long "forgotten" memories may become accessible and meaningful, with the subject "going back in time" to very vividly experience the emotional as well as the other contents of important forgotten or repressed events.

Many of the statements made about the drug by professionals reflected a strongly irrational emotional basis rather than solid scientific evidence. (Unfortunately, that is still the case.)

Music seems to serve several important functions in the context of psychedelic therapy. It tends to evoke a variety of powerful emotions and facilitates deeper involvement in the psychedelic process.

Myths play a basic role in human existence, even for people who claim to live life wholly “rationally”. Indeed, the myth for such people is that it is both good and possible to be an unemotional intellect that controls everything.

Nonordinary states of consciousness make it possible for unconscious material with strong emotional charge to emerge into consciousness. This process is an expression of a powerful spontaneous healing potential and should be supported.

Past-incarnation sequences. The subject experiences a sequence set in another country and/or a different historical period, usually with deep emotional involvement and dramatic abreaction (eyes closed).

Psychiatry has “put-down” words for every human emotion, as “euphoric” for happy, “fixated” for interested and “compulsive” for determined. (Will psychiatrists ever widen their scope?)

Sexual union that occurs in the context of a powerful emotional bond can take the form of a profound mystical experience. All individual boundaries seem to dissolve and the partners feel reconnected to their divine source.

The ban on emotional expression, especially in Anglo-Saxon cultures and especially among men, makes the enthusiasm and wonder arising from drug-induced states readily understandable.

The most beautiful emotion we can experience is the mystical. It is the source of all true art and science. He to whom this emotion is a stranger is as good as dead. (That was Albert Einstein. That’s right, Albert Einstein.)

The motivations for psychedelic experimentation can be extremely serious and reflect the most fundamental needs of human beings—cravings for emotional well-being, spiritual fulfillment and a sense of meaning in life.

The nonordinary state of consciousness had the remarkable capacity to select and bring into conscious awareness contents that have a strong emotional charge and are thus psychologically important.

The phenomena that can occur in the course of LSD sessions cover a very wide range; there are hardly any perceptual, emotional or psychosomatic manifestations that have not been observed and described as part of the LSD spectrum.

The recognition of the healing power of emotional catharsis can be traced back to ancient Greece and Plato. (It actually goes back thousands of years before ancient Greece and Plato.)

These states of mind can be extremely beneficial, often leading to physical and emotional healing, profound insights, creative activity and permanent personality changes for the better.

Transformative experiences associated with positive emotions, such as feelings of oneness with humanity and nature, states of cosmic unity, encounters with blissful deities, and union with God, have a special role in the healing and transformative process.

We came to believe, as a result of our own experiences and those reported to us by others using psychedelics, that they had the potential to facilitate for the individual the experience of major insights and problem solutions of an intellectual-emotional nature.

We can literally relive early events from our lives. We can be two months old or even younger, once again experiencing all the sensory, emotional and physical qualities as we first knew them.

We want a passionate life lived in a state of ecstasy, a life of intensity and deep emotions. An existential life in which every moment counts. A real life. But we're not allowed to have that. Because if we did...we would be free.

You can't tell where the music ends and the emotions begin, for the whole thing is a kind of music. All experience is just that, except that its music has many more dimensions than sound.

A trip can function as a crack of lightning, an explosion of light so brilliant that it scorches the emotional flesh and casts deep saturnine shadows in the cavern of the soul. Many trippers feel as if their psyches were opened up from above or from within as a rolling wave of stimuli floods their sensorium to the point of overflow.

Drugs is a subject that can never come under discussion without so much emotion that rational argument becomes obscured if not totally banished. (Fascist idiots who are ignorant about drugs and insist on forbidding them are not rational, regardless of how much power they have. Those who abuse power lack wisdom.)

From a cognitive perspective, different states of consciousness are, among other things, radical reorganizations of information-processing systems and strategies. Different states of consciousness also provide different "strategies" of perception, abilities, memory, emotion, etc.

I never suspected that the ancient spiritual systems had actually charted, with amazing accuracy, different levels and types of consciousness that occur in nonordinary states of consciousness. I was astonished by their emotional power, authenticity, and potential for transforming people's views of their lives.

In the midst of our emotional turmoil about the drug problem, many of us fail to notice that most of the authorities who are supported by public funds, quoted extensively in the scientific and lay press, and sought out for advice by policy makers have never themselves experienced highs in association with drugs.

Most of the subjects felt that the psychedelic experience could sometimes supply a guiding vision which provided direction and meaning for one's life thereafter. They mentioned intense emotions such as love, compassion, or empathy, and the recognition that the mind can be and should be highly trained.

Once a person has experienced a visionary state of mind, one can no longer confuse the lie with the truth. One has seen where one comes from and who one is, and one no longer

doubts what one is. There is no emotion or external influence that can divert one from this reality.

Sometimes, there is very little actual perceptual distortion of the environment, but the latter is emotionally interpreted in an unusual way. It can appear incredibly beautiful, sensual and inviting; or comical; very frequently, it is described as having a magical or fairy-tale quality.

The emotional effects are even more profound than the perceptual ones. The drug taker becomes unusually sensitive to faces, gestures, and small changes in the environment. As everything in the field of consciousness assumes unusual importance, feelings become magnified.

The individual identifies with only one aspect of his or her being, the physical body and the ego. This false identification leads to an inauthentic, unhealthy and unfulfilling way of life, and contributes to the development of emotional and psychosomatic disorders of psychological origin.

Those who prior to these experiences had various forms and degrees of emotional and psychosomatic discomfort usually feel greatly relieved. Depression dissolves, anxiety and tension are reduced, guilt feelings are lifted, and self-image as well as self-acceptance improve considerably.

A new and exciting area was discovered for psychedelic psychotherapy: the care of patients with terminal cancer and some other incurable diseases. Studies of dying individuals indicated that this approach was able to bring not only alleviation of the emotional suffering and relief from severe physical pain associated with cancer, but also dramatically transform the concept of death and change the attitude toward dying.

Emotions are caused by biochemical secretions in the body to serve during the state of acute emergency. The person in an emotional state is an inflexible robot gone berserk, a blind crazed maniac and is turned off sensually. (This really refers to negative emotions during normal waking consciousness, not the positive emotions which are part of the LSD experience.)

Exploration of the potential of these substances for the study of schizophrenia, for didactic purposes, for a deeper understanding of art and religion, for personality diagnostics and the therapy of emotional disorders and for altering the experience of dying has been my major professional interest throughout these years and has consumed most of the time I have spent in psychiatric research. (That was Stanislav Grof.)

Often a good part of the session would be spent on the beach or in the water. We found that the surf, in the protected bay, proved to be an excellent way to bring someone through a difficult phase of the trip. Simply to lie at the water's edge, merging into the eternal currents of air, ocean, sea, and earth, seemed to clear away much fear, suspicion, frustration, and other emotional baggage.

One of the major problems in LSD psychotherapy was the unusual nature and context of the psychedelic experience. The intensity of the emotional and physical expression characteristic of LSD sessions was in sharp contrast to the conventional image of psychotherapy, with its face-to-face discussions or disciplined free-associating on the couch.

Profound transcendental experiences, such as consciousness of the Universal Mind or of the Void, in addition to having a very beneficial effect on the subject's physical and emotional well-being, are usually central in creating in him a keen interest in religion, mystical and philosophical issues, and a strong need to incorporate the spiritual dimension into his way of life.

Sensory perceptions become especially brilliant and intense. Normally unnoticed aspects of the environment capture the attention; ordinary objects are seen as if for the first time and acquire new depth of significance. Aesthetic responses are greatly heightened; colors seem more intense, textures richer, contours sharpened, music more emotionally profound, the spatial arrangements of objects more meaningful.

The experience from LSD therapy and the new experiential psychotherapies clearly indicates that exposure to another person's deep emotional material tends to shatter psychological defenses and to activate corresponding areas in the unconscious of the persons assisting and witnessing the process, unless they have confronted and worked through these levels in themselves.

The individual is flooded by light of supernatural beauty and experiences a state of divine epiphany. He or she has a deep sense of emotional, intellectual and spiritual liberation and gains access to breathtaking realms of cosmic inspiration and insight. This type of experience is clearly responsible for great achievements in the history of humanity in the area of science, art, religion and philosophy.

The makers of our Constitution undertook to secure conditions favorable to the pursuit of happiness. They recognized the significance of man's spiritual nature, of his feelings, and of his intellect. They knew that only a part of the pain, pleasure and satisfaction of life are to be found in material things. They sought to protect Americans in their beliefs, their thoughts, their emotions and their sensations.

The opportunity to vividly experience specific memories from different periods of one's life makes it possible to see their interrelations and discover chains of unconscious neurotic patterns underlying specific emotional problems. This can be an important transforming experience that results in profound changes in the personality structure, emotional dynamics, and behavior of the individual.

The traditional definition of sanity involves perceptual, emotional, and cognitive congruence with the Newtonian-Cartesian image of the universe, not as a pragmatically useful model, but as the only accurate description of reality. Substantial and critical deviations which seriously challenge the Newtonian-Cartesian postulates are labeled as psychosis.

The guide must be a versatile individual. His functions may include that of nursemaid and baby-sitter, priest and trouble-shooter, soul mate and sympathetic ear, scullery maid and mother and any other role the situation may demand. The competent guide never forgets that it is the subject's session and not his. He must be adaptable to any of the eventualities of an acid session; and he must leave his own emotional involvements behind.

The summer of 1967 was known as the "Summer of Love" and saw a great emergence of unstructured communal living, new found sexual freedoms, and growing interest in

eastern philosophy and religion. Displays of spontaneity, trust, non-possessiveness and non-evaluativeness among the new arrivals were attempts to deal with what was commonly thought to be hypocriticalness, rigid adherence to rules and a lack of emotional spontaneity between people.

A present event becomes charged with profound emotional significance.
A tremendous emotional upsurge is produced, an upheaval of emotions.
Emotional reactivity is almost always greatly enhanced.
Emotionally, there is a profound feeling of oneness.
Emotions, feelings, and moods are intensified and disinhibited.
Experiences under LSD can be overwhelmingly rich and emotionally kaleidoscopic.
Ideas acquire a strong emotional component.
Images sway our emotions more deeply than conceptions.
It frees him and encourages him to let his emotions and imagination range.
Liberation from social time is emotionally encompassing.
LSD can produce enormous changes in our sensory and emotional systems.
LSD produces rapid, even sudden cures for emotional disorders.
Man's unconscious is a storehouse of his complete range of emotions.
Many people take LSD in an attempt to find a solution to their emotional problems.
Music can assume a previously inconceivable emotional and aesthetic intensity.
Music produces emotional states.
People experience a rich spectrum of emotional and bodily manifestations.
People reported "insights" and breakthroughs in emotional blockages.
Profound emotional bonds can develop as a result of an LSD session.
Prose is talk. Poetry is music, musical-emotional more than conceptual-mental.
Ritual is the province of renewal and emergence—emotionally powerful.
The climate on this level is intensely emotional.
The emotional responses of the subject are dramatically enhanced.
The enhanced impact of emotion is most striking.
The experience is emotional and deeply felt.
The experiences make him much more open emotionally.
The great kick of the mystic experience is the sudden relief from emotional pressure.
The individual may relate feelings without any emotional display.
The subject becomes acutely aware of a powerful emotional "atmosphere" or "climate".
The trip becomes introspective, past experiences "lived through" with emotion.
Under LSD, childhood memories emerge which are relived with intense emotion.
Under LSD, music seems to have an immediate and powerful impact on one's emotions.
Uninhibited release of emotion can be immensely liberating.
Users often say they lose defensive anxiety and feel more emotionally open.
We can have emotional responses without verbal responses.
We copy emotional reactions from our parents.
When we keep our emotions on the surface, we never see the beauty of the depths.
You can come out of a session with changed emotions.

I see all these sensory dimensions as a round dance, gesticulations of one pattern being transformed into gesticulations of another and these gesticulations are flowing through a space that has still other dimensions, which I want to describe as tones of emotional color or light or sound.

Emotionally, aesthetically and religiously, the experience was the most intense, impressive and valuable day I have ever experienced.

Emotionally I experienced death and birth as similar events, two ends of the same continuum and therefore to be similarly interpreted.

Emotions came in rip tides, thoughts poured out in torrents and my entire body moved almost continuously, its actions prompted by the contents of the visions.

Experiencing these emotions in all their intensity was both a way for me to discover that I was capable of God feelings and for me to realize that they lay deep within me.

He felt that if he could die right then, he could keep the tremendous beauty and rich emotions for himself throughout eternity.

I became a great variety of winged creatures, each with feelings so intense that it seemed impossible for their small bodies to contain such emotions.

I discovered emotionally that the essence of reality is self-awareness, selfhood, not ego-hood.

I realized the many wonderful emotions I had experienced were so rare in the lives of most people and gratitude that such ecstasy had been mine.

It occurred to me that the importance of music was, like art, its power to convey emotions.

My energetic field was now extended far beyond the boundaries of my physical body, drawing emotional nourishment from this energy.

The important point was that the tree of my emotions was being vigorously shaken and liberated of some withered leaves which had hung on it too long.

The sum total of all these emotions, feelings of ecstasy, aliveness, reverence and love, seemed to blend into the music.

To my surprise, all my emotions from that period of my life emerged from the deep unconscious and became real and vivid once again.

With the aid of these drugs, I was exposing myself to the most intense emotions available to the human nervous system.

At last, it came to me that one could never find God by intellectual probing and that spiritual wealth could be gained only by allowing rich emotions to live within one's heart.

He remarked upon a gathering emotional intensity, expressing his surprise that such an emotionally charged psychical environment also could be experienced as "a state where all that is happening is good and supremely in one's best interest."

His emotional state was one of "tranquility, a quiet kind of happiness and a security coming from the knowledge of having accomplished something enormously worthwhile, of having made some very great advances."

I had not realized before to what extent such feelings as rapture, ecstasy and euphoria or awe, devotion, reverence and holiness or any other positive emotion could reach, its intensity.

It seemed to me that the feelings of joy, rhythm, appreciation of music and the many other emotions I had experienced were all part of an intrinsic spiritual power which pervades the universe, each of them different aspects of God.

The following day, he was in the calmest, most joyful and most balanced emotional condition he had experienced in his entire life. After this session, his psychotic symptoms never reappeared.

With great emotion, he announced that “this is of vital importance to me” and that he “absolutely must get to the bottom” of what he felt was being disclosed to him about his own nature.

He started experiencing dramatic scenes that seemed to be happening in another century and in a foreign country. They involved powerful emotions and physical feelings and seemed to have some deep and intimate connection to his life; yet none of them made any sense in terms of his personal biography. (eyes closed)

I could feel deeply about other people. We felt connected. The side which had been suppressing emotions did not seem to be the real one. I was in a higher and higher state of exhilaration and awareness. Things people said had hidden meaning. They said things that applied to life. Everything that was real seemed to make sense.

Emotions intensified, changed with lightning quickness.

I felt an amazing array of emotions with an intensity I did not know was possible.

I had uncovered forgotten emotions and experiences of unbelievable reality.

I knew that the rich emotions I had experienced held some deeper meaning.

I was astonished by the emotional power, authenticity and transformative potential.

I was swept away by every conceivable variety of pleasant emotion.

LSD opened mental and emotional horizons for conscious inspection.

My emotions became so overwhelming that they cannot be put into words.

She felt a new emotional freedom.

She gained emotional freedom.

She relived with intense emotion past events.

Soul-shaking emotions took over, each seeming more intense than the previous one.

The beautiful visions were the stimuli for spiritual emotions.

The combined emotions were so overpowering.

The concept of infinity could be grasped on an emotional level.

The experience was intense and highly emotional.

The intensity of all emotions increased to overpowerful proportions.

The vision had intense emotional resonance.

There was raw emotion in the room. Suppressed feelings came to the fore.

Under LSD, I relived the strongest, most intense emotional experiences conceivable.

a feeling of awe, beauty, reverence, and humility, emotions characteristic of the mystic experience

a firsthand, immediate perception of the Holy and the individual's relation to it, accompanied by emotion, excitement and feeling

a flowing series of richly detailed, colorful, constantly changing images and emotional transformations

a new model of the psyche, new understanding of emotional disorders and of the therapeutic process, new insights into human nature and the nature of reality

a primordial emotional state where subject-object relationships no longer exist and one is a part of, not apart from, one's environment

a stirring emotional encounter sufficient to change one's established values and the resolution to act upon the revelation

a will to yield utterly to a wild animalistic sensuality and emotional outpouring, an ecstasy

alteration of the filtering mechanisms that regulate the access of perceptual and emotional stimuli to consciousness

alterations of sense perception, of emotional level and tone, of identity feeling, of the interpretation of sense data and of the sensations of time and space

an entirely different understanding of emotional and psycho-somatic disorders, as well as the therapeutic process and strategy of self-exploration

an experience of intense emotional release, the ending of an artificial and absurd use of the mind

an intimate, personal experience of the reality to which most forms of religion and philosophy come no nearer than an intellectual or emotional description

can relive a forgotten or repressed experience with all its original emotional intensity, emotion which has remained bottled up inside him without his knowledge

ego fighting to maintain or regain its hold over an outpouring of feeling over a dissolution of emotional boundaries

experiencing emotions and physical sensations of great intensity, often surpassing anything we might consider humanly possible

feeling of joy, peace, love, blessedness. Such high-intensity emotion is far removed from everyday experience

in touch with their deepest emotions instead of being constantly enmeshed in the web of abstractions spun by their own calculating intellects

increased powers of concentration and introspection and experiences deep religious emotion

intellectual and emotional adventure, sensory pleasure, enhanced awareness, self-exploration, religious and mystical insight

intense and often rapidly shifting emotional experiences or concurrent emotions (having opposite emotions at the same time)

intense emotional reaction to slight gestures, enhanced empathy, deep introspective reflections

is no longer an emotionally charged ego, but finds himself an element in the given reality which is not an affair of objects and subjects, but a cosmic unity of love

limits of mechanical emotions and robot mentation that are inescapable as long as one remains within one dogmatic model or one imprinted reality-tunnel

look in mirror—image reflected may be determined by the physical or emotional state or by what he is thinking

LSD startlingly effective in releasing blocked emotions, recovering repressed childhood memories, revealing defense mechanisms and developing emotional insights

maximum awareness of the inner process and its full emotional, perceptual and physical expression

mirror image reflected may be determined by the physical or emotional state or by what he is thinking

participate directly in and respond emotionally to the mythic and ritualistic re-enactments (eyes closed)

powerful corrective emotional experiences on very deep levels that are not easy to reach by conventional psychotherapy

psychedelics, that they had the potential to facilitate for the individual the experience of major insights and problem solutions of an intellectual-emotional nature

reliving of emotionally important events in the individuals' lives, from early childhood, later life or even the recent past

that highly emotionally charged memories can be imprinted in the genetic code and transmitted through centuries to future generations

that psilocybin had the potential to facilitate major insight of an intellectual-emotional nature

the beneficial potential of mystical experience in stimulating the ability to feel and experience deeply and genuinely with the full harmony of both emotion and intellect

the characteristic property of hallucinogens, to suspend the boundaries between the experiencing self and the outer world in an ecstatic, emotional experience

the dramatic alleviation or complete clearing of a broad spectrum of emotional as well as physical problems

the emotional reaction to the fragmentation of differentiated forms—to be engulfed in ecstatic unity

the emotional reactions which are usually generated by the topic of consciousness expansion

the kaleidoscopic whirling of sensations, thoughts and emotions, to which the LSD subject is hyper-attuned

the monumental emotions which reached their peak, becoming unimaginably deep and soul shaking

the possibilities that psychedelic experiences can offer in terms of self-exploration, finding the roots of one's emotional symptoms and solving life's problems

the rich and comprehensive nature of emotions and sensations involved in these experiences

the session influencing her emotional condition and deepening her philosophical and spiritual insights

the tendency of LSD to selectively activate unconscious material that has the strongest emotional charge

to allow themselves to experience whatever is emerging in the LSD sessions in order to find the roots of their emotional problems

to awaken and vitalize the religious sense, to give it color, vigor and motivation, accompanied by emotion, excitement and feeling

to focus the attention on reality itself, instead of our intellectual and emotional reactions to reality

to work through emotional, creative or intellectual blockages and further the process of self-discovery

unusual insights into the nature of various emotional disorders and ways of detecting and healing them

use drugs to intensify our aesthetic, sensual, emotional, intellectual and spiritual perspectives

an experience extraordinarily satisfying in terms of emotions, sensations and fantasy, complete with technicolor and sound-track, creativity and productively loaded with valid insights

psychedelic art—trying to express something in a non-conceptual, highly figurative and often emotive way, through symbols which may themselves be magical (the power to turn us on)

sensory and emotional changes referred to as “distortions,” “regressions,” “loss of ego structure,” “abnormal perception of body image”. This is the language of pathology. (It is absurd to refer only negatively to such sensory and emotional changes.)

the scope of the sacred realms, the profound insight of the sensory and physical manifestations of mystical experience, this enormous physical, mental, emotional and spiritual input

greater spontaneity of emotional expression, reduction in depression and anxiety, less distance in interpersonal relations, more openness to experience, increased aesthetic appreciation, deeper sense of meaning and purpose in life, and an enhanced sense of unity with nature and humanity

a dramatic emotional healing and a profound personality transformation

a fantastic world of intense emotions, brilliant colors and undulating forms

a feeling of emotional clarity and of relaxation
a feeling of free flow of emotions and energy
a progressive deepening of the emotional tone of the experience
a sense of grace and emotional liberation
a state of high emotional arousal
a strong emotional charge attached to the thing perceived
a wide range of emotions and physical sensations
activating both the emotions and the unconscious
aesthetic, emotional, psychological, physiological and biochemical effects of music
an emotional ecstasy
an emotional-reflective-visual kaleidoscope
an illuminating emotional benefit
an increased intensity to emotions in general
an inner sense of emotional liberation and spiritual rebirth
an opportunity for a major emotional or spiritual breakthrough
an orgasmic emotion
abnormal emotional qualities of extraordinary intensity
can experience a wide spectrum of extreme emotions and behave in most unusual ways
closed my eyes, saw geometric forms, colors aroused in me a kind of emotional warmth
deep emotional and spiritual states
deep emotional meanings
delightful, sensuous, intellectual and emotional novelties if one floats with the current
dramatic emotional and perceptual changes
ecstasies of cognitive emotion
emotional and physical sensations of extraordinary intensity
emotional and sensory aliveness in the world
emotional catharsis
emotional development
emotional freedom
emotional growth
emotional healing
emotional involvement with the environment
emotional knowledge of a direct and actual and acute sort
emotional release
emotional stimulation
emotional transformations
emotionally and spiritually liberating
emotionally toned visions
emotions and physical sensations of extraordinary intensity
enhances emotional receptivity
experiences deep religious emotion
experiences so rich and complex in physical sensations and emotions
experiencing the emotions aroused by music
feelings of physical and spiritual rebirth, rejuvenation and emotional renewal
freedom of emotion
gratifying emotional orgies

greater emotional expression
heightening of the intensity and emotional significance of perception
inner fulfillment and genuine emotional satisfaction
instant total emotional value of the thought
intense and dramatic emotional experiences
intense and emotionally overwhelming lovemaking
intense and overwhelming emotional responses
intense emotional changes of wide variations
intense emotional exploration
LSD's profound effects on the way the mind handles both emotions and perceptions
metaphysically tinged emotions
new emotional insights
opens the way to emotional liberation
perceptual effects, their emotional and metaphysical connotations
perceptually gratifying, emotionally exhilarating LSD experiences
physical, emotional and spiritual energies
powerful perceptual and emotional changes
powerful waves of emotions
profound emotional experiences often called religious
releasing blocked emotional and physical energies
religious emotions, religious awe
reliving of various emotionally relevant episodes from infancy, childhood or later life
revolutionary benefits in the alleviation of mankind's mental and emotional imbalances
rich emotions and intellectual insights
saw beautiful scenes and colors and felt rich emotions
spiritual emotions and energies
striking visual and emotional changes
such profundity of emotion and feeling
the ability to "think an emotion" and see it reflected in the mirror
the creative use of our emotion
the depth of emotional self-exploration
the effects of the drug on a number of mental and emotional levels
the emotional afterglow of the drug experience
the emotional and creative effects
the emotional influence of events in their environment
the emotional power and meaningfulness of the experience
the emotional powers of LSD on the human psyche
the flood of ontologic emotion
the high emotional content, sense of awe and reverence
the increasing of emotional expressiveness
the intense emotional impact of the drug
the intense feelings of exuberance, joyous aliveness and other gripping emotions
the intensity of the emotion and sensations
the intensity of the emotional and physiological manifestations of these states
the intensity of the emotions which accompanied the visions
the intensity of the inward emotion

the overwhelming flood of sensations and emotions
the projection of the interior emotional tone onto the perceived object
the relationship between intrinsic emotional states and healing
the spiritual intensity and emotional power of the experiences
the sudden relief from emotional pressure
the therapeutic potential of the reliving of emotionally relevant episodes from childhood
the unusual ability of this drug to facilitate intensive emotional abreactions
the wide range of emotions and physical sensations
these states of mind and emotions
this overwhelming emotion
thoughts coupled with strong emotional reactions
to discharge large amounts of intense emotion and physical tension
to emotionally liberate ourselves
to experience new emotions
tremendous emotional excitement of the senses
unusual openness and emotional closeness to others
use drugs to intensify our aesthetic, emotional, intellectual and spiritual perspectives
visual, intuitive and emotional transformations
vivid complex reliving of emotionally relevant memories
vivid, emotionally intense and memorable
total love beyond emotional love