

Expand, Extend, Enlarge, Magnify, Widen, Broaden

A person describing it can talk about a complete loss of the ego and simultaneously claim that his or her sense of identity expanded so that it encompasses the entire universe.

After completing the process of the ego-death, individuals consider human experience in a much broader spiritual framework.

All sensory pathways seem to be wide open and the sensitivity to and appreciation of external stimuli is greatly enhanced.

Any external or social action, unless it's based on expanded consciousness is a robot behavior.

As everything in the field of consciousness assumes unusual importance, feelings become magnified to a degree of intensity and purity almost never experienced in daily life.

As for identity, it is not really lost. On the contrary, it is found; it is expanded to include all that is seen and all that is not seen.

As the gates of the unconscious mind open, a wide variety of repressed emotions and recollections can be released into conscious awareness.

Consciousness can be expanded or deepened so as to include vast areas of experience entirely ignored or "screened-out" by conscious attention.

Deep experiential work requires a vastly extended cartography of the psyche that includes important domains uncharted by traditional science.

Ego death is not permanent, but the break-through to a broader awareness generally begins the process of transformation of the personality.

Enriched by a consciousness perspective, liberal education can extend freedom and mental refinement far beyond the parochialism of single-state learning.

Expanded consciousness extends far beyond the cultural and ego games in which men are enmeshed.

Feeling oneself to be part of an all-encompassing cosmic network often gives a person who has problems with self-esteem a fresh, expanded self-image.

For the proper use of understanding, a wider consciousness is needed and a higher standpoint to enlarge one's horizons.

For thousands of years, the greatest artists, poets, philosophers and lovers have used consciousness-expanding substances.

Grof describes transpersonal experiences as those in which ego boundaries are dissolved and awareness is extended beyond the ordinary confines of time and space.

If LSD treatment for alcoholics is allowed to resume and is expanded, alcoholism will be dealt a crippling blow.

If psychedelic drugs actually do expand consciousness, then it is socially irresponsible not to put them in the toolbox.

If the mechanisms of DNA repair, immunological defense and DNA aging codes can be understood, life can be extended and death postponed indefinitely.

In this state, all the sensory pathways are wide open and there is an increased sensitivity and enjoyment of the perceptual nuances discovered in the external world.

Initiations into the mysteries always represents an expansion of consciousness and an overcoming of ignorance.

Intelligence increase drugs like LSD enormously accelerate, extensify, intensify the human brain function.

It is a cosmic consciousness into which we enter as our normal consciousness expands, and we become aware of the transcendent dimension of humanity beyond space and time.

It is easier to change behavior if you understand the learned-game nature of behavior. This sort of insight can be brought about by consciousness-expanding drugs.

It offers one the chance to experience a true expansion of consciousness, an increase in awareness, a general improvement and heightening of perception of all kinds.

It offers unparalleled opportunity to catalyze awareness of otherwise unconscious psychic processes, to widen the area of human consciousness.

It was a time of magic and the gathering of the new tribe. The tribe of expanded consciousness.

Leary wanted to amend the Constitution so that there's no law abridging the individual's right to seek an expanded consciousness.

Like a microscope, LSD magnifies. Instead of magnifying things outside the body, it magnifies inner experience.

LSD can be not just a "mind-or consciousness-expanding" drug, but a "conscience-expanding" one as well.

LSD is a way of extending yourself so that something spectacular and beautiful can be available to you.

LSD psychotherapy can be beneficial over a very broad spectrum of emotional and psychosomatic disorders.

Many non-Western cultures provide occasions during which their people may become familiar with a broad range of nonordinary realities.

My most interesting intellectually stimulating experiences have been psychedelic sessions. Psychedelics open wide the doors of learning.

Mysticism in the broadest sense is "the experience of communion with Ultimate Reality," a communion that has no limits.

Not only can psychedelic drugs deepen and broaden our understanding of religious experience, but they may also contribute to genuine spiritual development.

Once the threshold of altered consciousness has been crossed, we are flooded with a kaleidoscopic vision of extended perceptual fields and psychological insights.

One realizes that the form of man extends far, far beyond the limits of the skin and very much deeper than the conscious ego.

Our spiritual journey will take us into ever deeper and broader aspects of ourselves and the mystery that surrounds us.

Proponents argue that LSD may widen their window on the world and on themselves as well.

Psychedelic drugs can stimulate a breakthrough to an enlarged consciousness of a transfigured world of the Eternal Now.

The action of consciousness-expanding drugs on the cortex can be holy and intensely educational.

The aim of all Eastern religion, like the aim of LSD, is basically to get high, that is, to expand your consciousness and find ecstasy and revelation within.

The claim that the drugs “expand consciousness” refers to changes in several dimensions of experience.

The development and expansion of a direct emotional experience of reality, unobstructed by words and concepts would be of evolutionary significance.

The discovery of mind-expanding, mind-blowing, mind-bending and mind-transcending properties of drugs seems to go back to the New Stone Age, if not earlier.

The ecstatic consciousness is an expansive consciousness, open to a profusion of new sensations, new perspectives, new knowledge and new values.

The effect of consciousness-expanding drugs will be to transform our concepts of human nature, of human potentialities, of existence.

The expansion of the subjective time sense is another factor contributing to the intensity of the experience.

The extension of consciousness seems to go beyond the phenomenal world and beyond the space-time continuum as we normally perceive it.

The human unconscious is a repository for a wide variety of experiences that constitute the basic elements of the spiritual journey.

The more expanded your consciousness, the farther out you can move beyond your mind, the deeper, the richer, the longer and more meaningful your sexual communion.

The mystic is able to enlarge his vision, to look more deeply into the unfathomable miracle of existence.

The only aspect of the LSD controversy about which all parties do agree is that the consciousness-expanding drugs are powerful.

The principle instrument of monopoly and control that prevents expansion of consciousness is the word lines controlling thought and feeling.

The psyche contains all the contents of time—extending backwards, across and through time; history being latently contained in each individual.

The significance of the LSD observations transcends the framework of psychiatry and psychology and extends to many other scientific disciplines.

There is a general enhancement and intensification of consciousness and at the same time, an extension and transfiguration.

These plants and drugs as expanders of human consciousness, could revolutionize psychology and philosophy.

This expansion of consciousness can be used to increase our awareness of and sensitivity toward mankind.

Waiting on the other side of what feels like total destruction of the ego is a broader, more encompassing sense of self.

With his consciousness enlarged out of bounds, he may, if all goes well, find that he no longer feels anxiety about past or future.

You get a sense of the larger picture of things. People who don't trip are too tied up in themselves to see anything beyond their own petty, little troubles and problems.

Your consciousness extends beyond the language you know and the culture in which you exist.

A conceptual system that could account for at least the major observations of LSD therapy requires not just a new understanding of the effects of LSD, but a new and expanded model of the human mind and the nature of human beings.

All of us have been censored so much, the filters have been applied for so long, that if we want to expand our consciousness and move on to different levels of reality, we are probably going to have to use chemical means.

As the sexual activity continues and the drug takes greater hold on you, the sensations intensify and the penis feels bigger, stiffer and strangely "rubbery." Sensations of pleasure expand to more areas of the body than usual.

Awareness of all normal sense impressions and the empirical ego seems to die or fade away while pure consciousness of what is being experienced paradoxically remains and seems to expand as a vast inner world is encountered.

Consciousness expansion is as equally complex a problem as the study of physics because the nervous system and the levels of consciousness available to man are infinite in their complexities.

Continued penetration into the unconscious does not reveal increasingly bestial and hellish regions, as indicated by psychoanalysis, but rather extends into the cosmic realms of the superconscious.

Experiencing the extremes of human emotion leads to a better understanding of what there is in between, a wider acceptance of feelings and actions which would otherwise be unacceptable and inexplicable.

In its broadest sense, the term “archetype” can be used for all static patterns and configurations, as well as dynamic happenings within the psyche that are transindividual and have a universal quality.

Most people who experience these inner domains recognize them as part of the boundless, expansive essence of each human being, which is usually obscured by the problems and concerns of daily life.

Only the most static, repressive society need worry about psychedelic subversion. Consciousness-expanding chemicals, in reality, present no threat, but rather offer hope and encouragement to a democratically oriented social structure.

Since LSD is a non-specific amplifier of mental processes, the LSD phenomena cover an extremely broad range, extending potentially to all aspects of human experience and behavior.

The common denominator of this rich and ramified group of transpersonal phenomena is a feeling that consciousness has expanded beyond the usual ego boundaries and has transcended the limitations of time and space.

The expansion of consciousness is no other than extending our visions to comprehend many levels at once and above all, to grasp those higher levels in which the discords of the lower levels are resolved.

The human psyche has access to images and motifs that are truly universal. They can be found in the mythology, folklore, and art of cultures widely distributed not only across the globe but also throughout the history of humanity.

The impression is that external time must have slowed down, while the internal experience continues at the same rate. There is not the impression of speed or rapidity, but that the time available to the user is magnified.

The magnification of inherent colors and essences can become so intense that common boundaries are dissolved, as adjacent forms bleed into one another, revealing the delicate underlying web that links all forms.

The phenomena that can occur in the course of LSD sessions cover a very wide range; there are hardly any perceptual, emotional or psychosomatic manifestations that have not been observed and described as part of the LSD spectrum.

The reach of consciousness is not limited to the material world and to spacetime. It can extend beyond the boundaries of the Newtonian reality altogether and access nonordinary dimensions of existence.

The wide historical and geographical distribution of transformative rituals focusing on death and rebirth and their psychological relevance for individuals, groups, and entire cultures suggest that they must reflect important basic needs inherent in human nature.

These drugs are opening possibilities and additional doors in a wide variety of fields because they seem to provide a means to the contriving of periods of intense concentration and examination.

They induce “levels of consciousness which are vast extensions and enlargements of normal experience” and thus “open to conscious awareness a wider, clearer, more complete view of the world.”

Transpersonal experiences can be defined as “experiences involving an expansion or extension of consciousness beyond the usual ego boundaries and beyond the limitations of time and/or space”.

Various aspects of the universe from which we would expect to be separated by an impenetrable spatial barrier can suddenly become easily experientially available and in a sense appear to be parts or extensions of ourselves.

With the ego and mind unplugged, what is left? It’s something Western culture knows little about, the open brain, the uncensored cortex, alert and open to a broad sweep of internal and external stimuli hitherto screened out.

You cannot take LSD once a week and stay rightly rooted in a low-level ego game. You have to grow with the flow or you will stop taking LSD. You must hook up your inner power to a life of expanding intelligence.

Anything which changes consciousness is a threat to the established order. This is one issue on which the entire spectrum of political opinions, left and right, agree. Anything which expands consciousness is out. (All politicians are right-wingers. Democrats are liberal right-wingers. Republicans are fascists.)

Consciousness after the ingestion of LSD manifests a characteristic qualitative transformation of a dreamlike nature. It can transcend its usual limits and encourage phenomena from the deep unconscious not accessible under normal circumstances. This is frequently referred to as expansion of consciousness.

Each level of consciousness is inevitably produced by biochemical means, either by natural biochemical events or by introduced chemicals that move you to these different levels just as accurately as the magnification of a lens moves you to different levels of external reality.

He takes a fantastic inner journey into the unconscious and superconscious mind. These drugs thus reveal and make available for direct observation, a wide range of otherwise hidden phenomena that represent intrinsic capacities of the human mind and play an important role in normal mental dynamics.

I would say that the mind is not insular, but an interconnected part of a universe of both physical and symbolic substance, whose linkages extend throughout space and time. The Psychedelic has helped me to feel like a part of this connection. I feel like I have a much greater understanding of non-Western and pre-industrial mind-sets.

It is highly desirable that each guide possess a broad background especially including knowledge of history, literature, philosophy, mythology, art and religion. Materials from all of these fields and from others, emerge in many of the sessions and the guide must recognize the materials if he is to be of maximum effectiveness.

Jesus was aware of himself as a finished specimen of the new humanity which is to come—the new humanity which is to inherit the earth, establish the Kingdom, usher in

the New Age. His mission and his teaching have at their heart the development of a new and higher state of consciousness on a species-wide basis.

Our individual consciousnesses connect us directly not only with our immediate environment and with various periods of our own past, but also with events that are far beyond the reach of our physical senses, extending into other historical times, into nature, and into the cosmos.

Profound religious experience is always moving and probably the most captivating and shattering experience known to man. When I say “shattering” I mean that the experience shatters certain fundamental assumptions about life which stand in the way of a broader and more humane view.

Psychedelics expand attention. They make the spotlight of consciousness a floodlight which not only exposes ignored relationships and unities but also brings to light unsuspected details, details normally ignored because of their lack of significance or their irrelevance to some prejudice of what ought to be.

Review of psychedelic literature shows that favorable results have been reported in a wide variety of clinical problems, including depressions, phobias and other types of psychoneuroses, psychosomatic diseases, character disorders, sexual perversions, criminal behavior, alcoholism, narcotic drug addiction, and even psychoses.

The emotional effects are even more profound than the perceptual ones. The drug taker becomes unusually sensitive to faces, gestures, and small changes in the environment. As everything in the field of consciousness assumes unusual importance, feelings become magnified.

The experiences were too positive to not want to share them with everybody. It would appear that the time had come when this kind of experience should be made available to large numbers of searchers, so that “the doors of perception” could be opened, so that expanded consciousness was no longer something attainable only by rare individuals.

The exploration of ways of expanding human consciousness will occupy a prominent position in the mainstream of contemporary psychology. We can look forward to a far more extensive application of these powerful agents as a means of facilitating social as well as individual potentialities.

The goal of psychoanalysis, Freud said, is to replace the extreme suffering of the neurotic patient with the normal misery of everyday life. An alienated, unhappy, and driven existence dominated by excessive power needs, competitive urges, and insatiable ambition can still fall within the broad definition of mental health.

The greatest obstacle to awareness is neurosis. Neurosis can be defined in one of its aspects as a fixation upon a single aspect of life, a looking at the world through one particular set of distorting lenses and hence as the inability to see a wider angle of life and to perceive realistically what is going on around us.

The inner experience of the spiritual Self and its intimate association with the personal self, gives a sense of internal expansion, of universality and the conviction of participating in some way in the divine nature. In the religious traditions and spiritual doctrines of every epoch one finds numerous attestations on this subject.

The reason psychedelic experiences are important and valuable is that people live their lives by their own “chess-boards,” playing the lawyer-game, the merchant-game or some rule-ridden ego-game, rarely if ever expanding their consciousness to the point of true awareness and understanding of man and nature, including themselves.

The remarkable thing about the LSD experience is that you see the broad range of the underconsciousness without losing consciousness, a state wherein you are aware of all things in the conscious mind and at the same time aware of all things in the underconscious mind.

The subject’s own body and the bodies of the persons present in the session room show grotesque changes; some anatomical parts can appear miniaturized, others magnified or elongated. Similar bizarre distortions also involve the perception of inanimate objects. (The changes can also be perceived as beautiful.)

The theoretical formulations and practical principles that LSD psychotherapy has discovered or validated include a new, expanded cartography of the human mind, new and effective therapeutic mechanisms, a new strategy of psychotherapy and a synthesis of spirituality and science.

All the learned games of life can be seen as programs that select, censor and thus dramatically limit the available cortical response. Consciousness-expanding drugs unplug these narrow programs, the social ego, the game-machinery. And with the ego and mind unplugged, what is left? What is left is something that Western culture knows little about: the uncensored cortex, activated, alert and open to new realities.

Altered states of consciousness enrich man’s experiences in many areas of life. The intense aesthetic experience gained while absorbed in some majestic scene, a work of art, or music may broaden man’s subjective experiences and serve as a source of creative inspiration. There are also numerous instances of sudden illumination, creative insights, and problem solving occurring while man has lapsed into altered states of consciousness.

As knowledge of the existence of mind-expanding plants and chemicals dawned upon the consciousness of Western man, swift re-evaluations of our attitudes toward certain so-called “primitive” tribes became necessary. It became apparent that some of these cultures had preserved the key to higher knowledge which the civilized world had relegated to the status of myth.

Events in the sessions are part of a broad pattern, the scope of which transcends the energy field of the individual. (Then again, the individual’s energy field is the entire universe. We all have or share the same unlimited energy field. It transcends the energy field of the ego which is not to be confused with the individual or the individual’s energy field which is infinite. Words can be tricky. The individual is not the ego.)

Exploration of the human psyche with these powerful catalyzing agents has shown beyond any doubt that the biographical model developed by Freud’s “depth” psychology barely scratches the surface of mental dynamics. To account for all the extraordinary experiences and observations in psychedelic states, it was necessary to develop a vastly expanded cartography of the human mind.

In the transpersonal domain, where psychological and spiritual growth are one, psychedelics appear to be powerful tools for the investigation of consciousness; they

could enable us to expand our understanding of the human mind and the nature of creative consciousness. A willingness to question our assumptions and to keep an open mind with respect to potential benefits and potential hazards is essential.

In the transpersonal realm, we experience an extension of our consciousness far beyond the usual boundaries of both our bodies and our egos, as well as beyond the physical limits of our everyday lives. The more I have explored this realm in my own research, the more I am convinced that these experiences in transpersonal consciousness can include the entire spectrum of existence itself.

It is now clear that these ancient practices were neither pathological phenomena nor the products of primitive superstition; rather, they were legitimate and highly sophisticated spiritual practices that acknowledged and paid homage to a much broader view of consciousness than has been held by those who adhere to the Newtonian-Cartesian model of reality.

Our difficulty is not that we have developed conscious attention but that we have lost the wider style of feeling which should be its background, the feeling which would let us know what nature is from the inside. Perhaps some intimation of this lost feeling underlies our perennial nostalgia for the “natural life” and the myth of a golden age from which we have fallen.

The discovery of brain-change drugs has been compared to the discovery of the microscope. New forms swim into perception. It’s a truism that you cannot impose the ethics and language of the past upon the subject matter revealed by a new extension of the senses. Galileo was arrested for describing what he saw in his telescope. The inquisition would not bother to look through the lens.

The last thing an institution of education wants to allow you to do is expand your consciousness, to use the untapped potential in your head, to experience directly. They don’t want you to take life seriously, they want you to take their game seriously. Education, dear students, is anesthetic, a narcotic procedure which is very likely to blunt your sensitivity and to immobilize your brain and your behavior for the rest of your lives.

The subject may experience slight or drastic changes in the size, configuration, substance, weight and other attributes contributing to definition of the body. He may seem to himself to assume the form of some animal or even some inanimate object and he may be reduced to a sub-atomic particle or expanded to the proportion of a galaxy. He may experience his body’s dissolution and the sense of having no body at all.

There is a limitless range of awareness for which we now have no words. That awareness can expand beyond the range of your ego, your self, your familiar identity, beyond everything you have learned, beyond your notions of space and time, beyond the differences which usually separate people from each other and from the world around them.

Transpersonal psychology has emerged as that branch of psychology specifically concerned with the study of human consciousness. It attempts to expand the field of psychological inquiry to include such human experiences as those induced by psychedelics, as well as similar states attained through the practice of meditation or other disciplines.

You are holding in your hand a great human document. But unless you are one of the few Westerners who have experienced a mystical minute of expanded consciousness, you will probably not understand what the author is saying. Too bad, but still not a cause for surprise. The history of ideas reminds us that new concepts and new visions have always been non-understood. We cannot understand that for which we have no words.

Forgotten in the later hysteria of the 1960's was the exquisite design of the early Harvard experiments. Rarely in the short history of psychology was such elegant, complex, socially influential research conducted! At the same time that the CIA was furtively dosing unwitting Harvard students for the purposes of control and destruction, we were operating with the books wide open. No secrets. Total collaboration. (That was Timothy Leary.)

Systematic study of non-ordinary states has shown me, beyond any doubt, that the traditional understanding of the human personality, limited to postnatal biography and to the Freudian individual unconscious, is painfully narrow and superficial. To account for all the extraordinary new observations, it became necessary to create a radically expanded model of the human psyche and a new way of thinking about mental health and disease.

A person moves from a relatively limited way of being to a new, expanded condition.

Artists sought the experience as a means of expanding their vision.

As our field of action widens, our intuitional eyesight shall be increased also.

Being high widens perspectives on the physical as well as mental well-being.

Consciousness is not narrowed, but enormously enlarged.

Dramatic expansion of consciousness is triggered off.

Expanded awareness extends beyond the limits of the verbal and conceptual.

Fully expanded consciousness feels an identity with the whole world.

He has a new and much more expanded worldview.

Individuals differ widely in their inner experiences and reactions.

It is consciousness expansion because it expands the scope of your personal reality.

Man's salvation lies in the expansion of his own consciousness.

Many religious people reported that their spiritual sensitivities have been expanded.

People can greatly expand their experiential horizons.

Psychedelic drugs enlarge the realm of the conscious.

Psychedelic drugs slow and magnify the sex act.

Religion cannot be pompous. Religion is consciousness-expansion.

Sounds appear to be tremendously magnified.

Space may be broadened and near objects may appear far distant.

The answer lies in nothing less than species-wide enlightenment.

The consciousness-expanding drugs enable one to sense, think and feel MORE.

The experience can be very liberating and widening.

The experiences cover a wide spectrum of depth and intensity.

The glimpse of a larger reality that such experience affords may change a person's life.

The head becomes the universe, infinitely expansive or contractible.

The intrinsic beauty and significance of the thing (object) seen is enormously magnified.

The nervous system can be changed, expanded.

The senses are wide open and the taste and smell of a fresh orange are unforgettable.

The world beyond the skin is actually an extension of our own bodies.
The world is experienced as a physical extension of oneself or one's own nervous system.
The world is felt to be an extension of the flesh.
The world is simply an extension of the body or the mind.
These are not escapes from but enlargements, burgeonings of reality.
These substances dramatically alter consciousness and expand awareness.
Time is expanded because you see more into each minute.
We have but to open the eyes of the mind wide enough and "the truth will out".
Western psychology has ignored the possibilities of mind-expansion.
When young, we let our consciousness expand with joy.
With the experience of rebirth, all our sensory pathways are suddenly wide open.

The individual has become relaxed, has begun to enjoy the increased sense perceptions and has become fascinated with the world of awareness that is beginning to open to him. The deep and profound experiences released by the LSD then flow uninterrupted in an ever widening scope.

He states that this consciousness has expanded to encompass the whole universe.
I loosen and expand.
The borders of the universe I live in seem to have expanded.

Clock time and ordinary space no longer had any meaning. Everything was happening in infinite dimension. My consciousness swelled.

Each color seemed to carry its own feeling tone, oranges, reds and yellows expansive and sexual, blues and greens, cool, serene and rational.

He felt light, ecstatic, reborn and pulsing with exuberant life energy. His senses felt cleansed and wide open.

His laughter grew louder and louder and when he tried to stop he could not close his mouth. It stretched wider and wider.

I became increasingly cognizant of the sacredness of the experience I was undergoing and felt an expansion of consciousness beyond the confines of my head and my body.

I felt I was ascending and passing into a new dimension, that I was expanding upward as well as outward into an astral plane, a higher sphere of creation.

I was aware of a gentle, deep connection with a new spirituality, an unfamiliar source inside one that was expansive, joyful and peaceful.

In addition to widening my spiritual and aesthetic horizons, psychedelic drugs affected my feelings about my self.

It expanded and dignified the soul with a sudden access of glories such as no earthly kingship could give.

It was time for the old mind to die, so that a new one, with expanded sensibilities, could be born.

LSD provided me with a map of the territory, a deeper self-understanding within, a wider context than my own personal history.

My energetic field was now extended far beyond the boundaries of my physical body, drawing emotional nourishment from this energy.

Once they had eaten the apple of expanded consciousness, there was no going back. The umbilical cord that tied them to the world of the mundane was irretrievably sundered.

The expansion of all visible things had been growing toward its height; it now revealed it and to the fullest extent I apprehended what is meant by the infinity of space.

The room expanded and contracted in the most extraordinary manner, like an accordion played slowly.

The walls moved in and out rhythmically, contracting and expanding in a pulsating motion.

A dandelion I glanced down at grew two feet high. Everything was magnified. As I strolled, my attention was wholly grasped by a small dewdrop on the grass. It was utterly captivating.

I learned that the brain is an underutilized computer, that normal consciousness is one drop in an ocean of intelligence, that consciousness and intelligence can be systematically expanded, that the brain can be reprogrammed.

We had entered the cosmic state. It was divine. It was expansive and harmonious and beatific and one. I was alive! For the first time in my life I understood what it meant to be truly alive.

I was not I any more but a consciousness that encompassed a vastly broader spectrum of reality than "I" had ever dreamed. I was changed, and the new vision so attracted me that I stopped paying attention to the segment of reality that had formerly held my complete attention, mainly, the physical plane.

I was not I any more but a consciousness that encompassed a vastly broader spectrum than I ever dreamed of. It doesn't last, but once you have known it, you can never forget that it exists. When the experience becomes integrated into your life, the fear of death disappears— and we can only truly begin to live when we no longer fear death.

Physical distance was not experienced as such. A glance or visual impression felt like a reaching out and amoeba-like engulfment. One lived in one's glance, one extended oneself in one's visual projection, one lived and traveled with one's eyes and view. (Eye contact is very communicative.)

The dimensions of the room were changing, now sliding into a fluttering diamond shape, then straining into an oval shape as if someone were pumping air into the room, expanding it to the bursting point. I was having trouble focusing on objects. They would melt into fuzzy masses of nothing or sail off into space, self-propelled, slow-motion trips that were of acute interest to me.

The ordinary world was erased, it was expanded, enlivened and made infinitely more interesting. For example, I became totally engrossed in contemplating the fascinating edges of weaving around edges and radiating out from them. The telephone was a veritable marvel of diamond studded, gem-encrusted, crystalline sculpture, yet itself also moving, breathing, changing, as if it were alive.

Everything was larger, richer, more gorgeous.
Everything was suddenly magnified, extraordinarily marvelous.
It was total experience, with all the senses opened wide.
LSD magnified the environment.
My consciousness expanded and reached cosmic dimensions.
My soaring consciousness expanded.
Space expanded.
Space was irregular, a space that expanded and contracted.
The broadest scope of vision which was possible was now ours.
The range of my vision was vastly expanded.
The stream broadened and grew glorified.

a new type of consciousness, an expanded awareness stressing man's commitment to love, beauty, joy and truth

a rose—its petals rhythmically expanding and contracting and hues of pink rushing into its heart and out again

acid a boon to psychotherapy, an enlarger of creativity, a religious sacrament and a liberation of the human spirit

an expansive vision of the continuous rebirth of the planets and souls in a very big universe

awareness of new dimensions of the total stimulus array—a process of “perceptual expansion”

became a giant and was afraid the room wouldn't be able to contain him, afraid his expanding body might crush the guide's body

dedicated to the process of consciousness expansion, to the ideal of maximum wakefulness and internal freedom

expanding consciousness through the use of sacramental substances in accord with spiritual growth and well-being

expanding one's consciousness to the extent that it seems to encompass all of mankind (or the entire universe)

experiential expansion of the individual to the consciousness of all mankind (or the entire universe)

extraordinary intensification and broadening of all types of sensory experience, including the sexual

highly developed spiritual capacities, with expanded consciousness of the depth and the incomprehensible wonder of being

psychedelic drugs potentially useful for a wide variety of therapeutic, religious, and creative purposes

psychiatrists whose proprietary claims to a revealed understanding of the mind and whose antagonism to consciousness expansion are well known

rebirth into a broadened understanding, in which acceptance of unity displaces the anxiety of separateness

see through the whole paranoid game and mutate to a wider, funnier, more hopeful reality-map

self-realization, freedom from inhibition, communal ecstasy, expanded awareness, cleansed perception

surfaces swelling and expanding from bright modes of energy that vibrated with a continuously changing, patterned life

the chasm that opens between our present ego-restricted lives and the wider seeing which is possible

the dramatic alleviation or complete clearing of a broad spectrum of emotional as well as physical problems

the emotional reactions which are usually generated by the topic of consciousness expansion

the greatest cosmic adventure—an experiential journey of the expansion of human consciousness

the perception of the soul's capacity for a broader being, deeper insight, grander views of Beauty, Truth, and Good

the potentials—social, creative, psychological, cultural and ontological—which may be experienced by means of the consciousness-expansion process

the right to achieve euphoria, the right to get “high”, the right to experience new sensations, the right to expand and change one's consciousness

the “straight” society of limited experience, to whom the expanded consciousness spells anathema and fear

the subject's feeling that his or her consciousness has expanded beyond the usual ego boundaries and has transcended the limitations of time and space

to expand the consciousness by reducing or eliminating the psychological defenses that separate the world of the supernatural from the world of everyday reality

to move experientially from a personal, psychologically-oriented frame of reference into a wider, spiritual one

very sudden and great extensions of the ordinary “field of consciousness”, the sudden broadening of consciousness

freedom from the learned cultural mind, the freedom to expand one's consciousness beyond artificial cultural knowledge, to move from constant preoccupation with the verbal game, the social games, the game of self, to the joyous unity of what exists beyond

opens to conscious awareness a wider, clearer, more complete view of the world—an unhabitual, unified and undistorted “new look” which is the basis of the creative capacity and problem-solving ability

a broadening and deepening of reality consciousness

a broadening of awareness and an increase in individual insight
a broader range of reality
a cumulative expansion of insight
a drug that will magnify sensation
a fully expanded consciousness
a kind of psychic expansion
a magnifier of the mind
a miraculous opportunity for growth, healing and expansion
a much wider area of potential application of the LSD reaction in the therapeutic field
a new and broader life
a new, expanded understanding and increased inspiration
a new experience which will enlarge our horizon and give new meaning to life
a nobler and more expansive essence
a rapid and extensive change in values
a spiritual, expansive conception of consciousness
a state of cosmic expanded awareness
a wide range of emotions and physical sensations
a wider state of consciousness
accelerated and expanded consciousness opened up by psychedelic drugs
accelerated learning by the use of expanded consciousness
all senses wide open
amazing states of expanded consciousness
an astonishing enlargement of sensitivity and perceptiveness
an awakening of perception which magnifies sensation
an enlargement of reality rather than a deviation from it
an expanded, awesome sensory world, hitherto unknown to him
an extended field of vision
an expansion of consciousness from within
an extremely wide range of phenomena which occur on different levels of reality
awareness which extends beyond the personal goals of ego
boundless expanses of space
brings a sudden liberation from ignorance and illusion, enlarges the spiritual horizon
broadened and deepened beyond all imaginable limits
broadened horizons
broader meanings and rapturous vibrations
can be seen in the broader evolutionary dimension
can enlarge our experience greatly
can expand your mind
can experience a wide spectrum of extreme emotions and behave in most unusual ways
chemical expansion of consciousness
direct and nonverbal means of revelation and consciousness expansion
dramatically altering and expanding human awareness and potentialities
dramatically expanded perception, opening up entirely new levels of reality
enlarged awareness and heightened sensitivities
enlarged consciousness
enlarges, reveals and draws forth what is already latent in his mind

enlarging the realm of the conscious
enriching the mind and enlarging the vision
expand awareness, open up your mind
expand psychic awareness
expanding consciousness beyond the game limits
expanding the conception of space and time
expanding your vision
expansion of man's untapped mental capacities
experienced that expansion of feeling
experiencing the magical dimensions of the here and now, the ever-widening Present
explosive expansions
extended awareness
extended awareness of the mystical state of mind
extended reality
extended sex
extending our sensory boundaries
extensions of one's personality on several simultaneous planes
felt free to range far and wide
fling wide "the doors of perception"
for the soul to have its intuitional domain enlarged
gaining new extensions of his perception of beauty and transcendence
greatly expanded vistas
his soul, immortal and expansive
how to expand consciousness, how to get into your own brain
inalienable rights, the freedom of the body, the pursuit of joy
increased insight, extended awareness
intense emotional changes of wide variations
multidimensional expansion
my new expanded sense of self
new chemicals that exhilarate learning, expand consciousness and enhance memory
new drugs which expand and speed up the mind
new horizons open, enlarge the spiritual horizon
new insights provided by consciousness expanding experiences
objects shrinking, growing, melting, undulating, expanding, contracting
opening the doors of perception and widening the area of consciousness
perceptual expansion
potential for experiencing more widely and richly
push out beyond the unexpanded boundaries of our minds, beyond words
so extended was time—lit a cigarette, seemed like hours and it still had it's first ash
speed up and drastically expand consciousness
sexual mysticism, a form of consciousness expansion
state of enlarged perception
states of expanded awareness
states of rapture, expanded awareness and light
that death is not the end of consciousness but rather an expansion of it
that intensification, expansion and freedom of the mind

that the apple Adam ate was consciousness expanding
the art of turning sexual ecstasy into mystic mind-expansion
the broad spectrum of human realities
the broadening of human consciousness
the broadest domain of mind
the consciousness-expansion experience—the pre-mortem death and rebirth rite
the Cosmic Mind, a wider consciousness
the dream world of visions, mind-expansion, self-awareness and mystical ecstasy
the ecstatic process initiated by the consciousness-expanding drugs
the enhanced awareness and extended consciousness of the transcendent experience
the enlargement of vision, the acute awareness of vaster potentials
the enormous expansion of his or her experiential world
the expansion and exploration of consciousness
the expansion of the immediate sensory life
the expansion of time and space
the expansive universe to which drugs such as LSD can open up the mortal brain
the expansiveness of psychedelic consciousness
the extended awareness of time in LSD, can get outside the time context
the extended state of transcendent consciousness
the extended wonder world of heightened and distorted perceptions
the extension of human consciousness
the extensive new spiritual impulses within themselves
the glories of expanded consciousness
the grand prophet of a wider life
the immense expanse of the unconscious
the intensified enlargement of consciousness
the new insights provided by consciousness-expanding experiences
the new realities of expanded consciousness
the open brain, the uncensored cortex, alert and open to a broad sweep
the physical feeling of expansion
the potentials of expanded awareness
the radiant, sky-wide magnificence
the richness and breadth of expanded consciousness
the royal road to these expanded mental states that all mystics seek
the sense of an infinitely expanded present
the state of fluid expanded consciousness
the tremendously expanded awareness that I was brought to by LSD
the unfamiliar terrain of his expanded consciousness
the wider seeing which is possible
this brilliant new world of consciousness expansion
this emergent scientific philosophy of expansion
this expanded dimension
this new extension of potentiality
this new tool for expanding awareness
this special excursion into super-reality and the extension of all senses
this widened definition of mind

this wider, less ignore-ant consciousness
to expand consciousness at all levels
to expand consciousness beyond the learned mind
to expand existing senses to their fullest potential
to expand limited perceptions and awaken vision
to expand the human mind
to expand the “moment” into infinite duration
to expand their consciousness, to find deeper meaning inside themselves
to extend the boundaries of self
to extend the range of the senses
to intensify and extend the mind’s apprehension of its reality
to know the true meaning of an expanded consciousness
to penetrate into the limitless expanses
to promote creativity by enlarging creative imagination
voyages to the wider shores
wide eyed, innocent wonder and delight
with eyes and ears wide open