

## Psyche, Psychic

According to the new data, spirituality is an intrinsic property of the psyche that emerges quite spontaneously when the process of self-exploration reaches sufficient depth.

An inner wisdom usually can be depended on to guide the psyche into the paths that it needs to follow.

As the universe reveals its true essence as a cosmic play of consciousness, the world of matter is destroyed in the psyche of the individual.

Deep experiential work requires a vastly extended cartography of the psyche that includes important domains uncharted by traditional science.

Ego is the “island” of rational consciousness floating atop the great sea of the unconscious aspects of the psyche.

Experiential sequences of death and rebirth typically open the gate to a transbiographical domain in the human psyche that can best be referred to as transpersonal.

If we are ever to discover how we can best cooperate with the psyche, we have to allow it to reveal its true nature to us.

In this special state of consciousness, the subject becomes aware of certain intra-psychic processes ordinarily excluded or beyond the scope of awareness.

Intense and impressive psychic experiences make possible the sudden unlearning of ineffective ways of performing.

It became clear that these extraordinary phenomena were normal and natural manifestations of the deeper domains of the human psyche. (eyes closed)

It offers unparalleled opportunity to catalyze awareness of otherwise unconscious psychic processes, to widen the area of human consciousness.

Jung’s psychology returns the cosmic status to the psyche and re-introduces spirituality into psychiatry.

LSD could enable one to study psychic material that is buried in the deepest layers of the unconscious and is usually inaccessible to less dynamic techniques.

Many states that mainstream psychiatry considers bizarre and incomprehensible are natural manifestations of the deep dynamics of the human psyche.

Nonordinary states of consciousness certainly change dramatically the relationship between the conscious and unconscious dynamics of the psyche.

Our ordinary state of awareness is merely a fragment of what is possible. The human psyche is capable of extraordinary states that are accessible under certain conditions.

The activated psyche can be called upon to remember states which to us seem to be unconscious.

The content and nature of the experiences are authentic expressions of the psyche, revealing its functioning on levels ordinarily not available for observation and study.

The deep contents of the psyche that we are ordinarily unaware of erupt into consciousness in the form of images, powerful emotions and strange physical feelings.

The habit of analytical thought is fatal to the intuitions of integral thinking, whether on the “psychic” or the spiritual level.

The most vital human need is to discover one’s own inner reality. This makes it possible to draw on the enormous resources and wisdom of ages that lie in the collective psyche.

The new model of the psyche shows great similarity to those developed over centuries and even millennia by various great mystical traditions.

The personality is touched to its core and is led into provinces of psychic life otherwise unexplored. Light is shed on boundaries otherwise dark and unrevealed.

The psyche contains all the contents of time—extending backwards, across and through time; history being latently contained in each individual.

The universe and the human psyche have no boundaries or limits. Each of us is connected with and is an expression of all of existence.

These drugs have the unique effect on the human psyche of bringing into awareness forms of consciousness that are usually hidden or unconscious.

We must look much farther than personal biography and the individual unconscious if we are to even begin to grasp the true nature of the psyche.

What happened to our hope of the 1960’s to be liberated from the robot aspects of the psyche?

When the psychic energy first begins to be felt, there is a growing sensation within of thousands of delicate threads moving about the body.

With psychedelics, a new energy—a potent psychic energy—has entered the world stage and must be reckoned with.

Within the psyche, there are no boundaries; all its contents form one continuum with many levels and many dimensions.

You call the desire for utopia childish and infantile. I believe that it is part and parcel of the human psyche and will eternally find expression.

Does it not seem possible that our efforts at peace fail because none of our present approaches have addressed that dimension which seems to be at the center of the global crisis: the human psyche?

In its broadest sense, the term “archetype” can be used for all static patterns and configurations, as well as dynamic happenings within the psyche that are transindividual and have a universal quality.

It became obvious to many practitioners involved in these explorations that we needed a new model of the psyche whose important elements would include not only the Freudian biographical dimension but the Jungian collective unconscious and spirituality as well.

New scientific findings are beginning to support beliefs of cultures thousands of years old, showing that our individual psyches are, in the last analysis, a manifestation of cosmic consciousness and intelligence that flows through all of existence.

The human psyche has access to images and motifs that are truly universal. They can be found in the mythology, folklore, and art of cultures distributed not only across the globe but also throughout the history of humanity.

The impressive mosaic of new observations and theories that are already available suggests that in the future the old/new discoveries in regard to consciousness and the human psyche might become integral parts of a comprehensive scientific worldview.

The individual who connects with these levels of his or her psyche automatically develops a new world view within which spirituality represents a natural, essential and absolutely vital element of existence.

The practical function of psychoanalysis is to get the whole psyche into consciousness. (Shrinks don't even know what that means because they haven't gotten their own whole psyches into consciousness. It can be done best with LSD.)

The spiritual dimension is a key factor in the human psyche and in the universal scheme of things. Becoming aware of this dimension of our lives and cultivating it is an essential and desirable part of our existence.

The subject confronts figures from mythology with a shock of recognition, seeing in the figures now revealed as inhabitants of his own deep psyche, enigmatic bearers of ancient answers to the riddle of existence. (eyes closed)

Vivid experiential encounters with elements of the deep unconscious made it possible to relate to spiritual and psychic dimensions that were beyond their previous conceptual frameworks.

What truly defines the transpersonal orientation is a model of the human psyche that recognizes the importance of the spiritual or cosmic dimensions and the potential for consciousness evolution.

A trip can function as a crack of lightning, an explosion of light so brilliant that it scorches the emotional flesh and casts deep saturnine shadows in the cavern of the soul. Many trippers feel as if their psyches were opened up from above or from within as a rolling wave of stimuli floods their sensorium to the point of overflow.

I see consciousness and the human psyche as expressions and reflections of a cosmic intelligence that permeates the entire universe and all of existence. We are not just highly evolved animals with biological computers embedded inside our skulls; we are also fields of consciousness without limits, transcending time, space, matter and linear causality.

Mainstream psychiatry and psychology in general make no distinction between mysticism and psychopathology. There is no official recognition that the great spiritual traditions that have been involved in the systematic study of consciousness for centuries have anything to offer to our understanding of the psyche and of human nature.

Many of the experiences and observations from psychedelic sessions seemed to seriously challenge the image of the human psyche and of the universe developed by Newtonian-

Cartesian science and considered to be accurate and definitive descriptions of “objective reality”.

Myths are not fictitious stories about adventures of imaginary characters in nonexistent countries and thus arbitrary products of individual human fantasy. They originate in the collective unconscious of humanity and are manifestations of the primordial organizing principles of the psyche and the cosmos that Jung called archetypes.

The critical issue here is the ontological status of non-ordinary states of consciousness—whether we see them as pathological conditions that should be indiscriminately suppressed or veritable alternatives to our everyday states of consciousness that can contribute to our understanding of the psyche and have a great therapeutic potential.

The discoveries of the last few decades strongly suggest that the psyche is not limited to the Freudian individual unconscious and confirm the perennial truth, found in many mystical traditions, that human beings might be commensurate with all there is. Transpersonal experiences and their extraordinary potential certainly attests to this fact.

The observations of the last few decades have drastically changed our understanding of the relationship between consciousness and matter and of the dimensions of the psyche. They show consciousness as an equal partner of matter, or possibly even supraordinated to matter, and creative intelligence as inextricably woven into the fabric of the universe.

The psychic depths and time depths can be tested and explored in the psychedelic experiences. The theoretical foundation of such a statement is that the ingestion of psychedelic substances evokes an activation of deeply buried psychic contents and a bringing of them to the surface of consciousness.

Unbiased systematic study of this material would lead to changes in our understanding of the human psyche and of the nature of reality that would be as far-reaching and radical as those that were introduced into physics by the theories of relativity and the quantum theory.

We remain ignorant of our true nature—our eternal Self. It was that Self that I longed to discover. In order to get in touch with the ground of my being, I had to strip away the accretions of prejudices and preconceptions that cluttered up my psyche, making it impossible to see what was really there.

Abraham Maslow urged that there was a need to “depathologize” the psyche, that is, to look upon the “inner core” of our being not as the source of metaphysical darkness or illness but as the source of health and as the wellspring of human creativity. It was his belief that Western civilization had obscured the importance of this inner core by approaching it more as a superstition than as a reality.

Among Jung’s best known contributions is the concept of the “collective unconscious,” an immense pool of information about human history and culture that is available to all of us in the depth of our psyches. Jung also identified the basic dynamic patterns or primordial organizing principles operating in the collective unconscious, as well as in the universe at large. He called them “archetypes.”

Exploration of the human psyche with these powerful catalyzing agents has shown beyond any doubt that the biographical model developed by Freud’s “depth” psychology

barely scratches the surface of mental dynamics. To account for all the extraordinary experiences and observations in psychedelic states, it was necessary to develop a vastly expanded cartography of the human mind.

It can dissolve or temporarily suspend the effectiveness of those psychical mechanisms whose functions would appear to be to inhibit emergence of certain processes and contents of the mind. Once these inhibitions are dissolved, the ground has been prepared for the free psyche to function in such a way as to result in the beneficial transformation and self-realization of the individual.

Jung's basic assumption was that the spiritual element is an organic and integral part of the psyche. Genuine spirituality is an aspect of the collective unconscious and is independent of childhood programming and the individual's cultural or educational background. Thus, if self-exploration and analysis reach sufficient depth, spiritual elements emerge spontaneously into consciousness.

Jung observed repeatedly that the universal mythological motifs occurred among individuals for whom all knowledge of the kind was absolutely out of the question. This suggested to him that there were myth-forming structural elements in the unconscious psyche that gave rise both to the fantasy lives and dreams of individuals and to the mythology of peoples.

LSD is a unique and powerful tool for the exploration of the human mind and human nature. Psychedelic experiences mediate access to deep realms of the psyche that have not yet been discovered and acknowledged by mainstream psychology and psychiatry. They also reveal new possibilities and mechanisms of therapeutic change and personality transformation.

Openness to new data challenging traditional beliefs and dogmas has always been an important characteristic of the best of science and a moving force of progress. A true scientist does not confuse theory with reality and does not try to dictate what nature should be like. It is not up to us to decide what the human psyche can do and what it can not do to fit our neatly organized preconceived ideas.

Our ordinary Newtonian-Cartesian consciousness can be invaded with unusual power by various archetypal entities or mythological sequences that, according to mechanistic science, should have no independent existence. The myth-producing aspects of the human psyche will portray deities and rituals from different cultures that the subject has never studied. (eyes closed)

The new data are of such far-reaching relevance that they could revolutionize our understanding of the human psyche. Some of the observations transcend in their significance the framework of psychology and psychiatry and represent a serious challenge to the current Newtonian-Cartesian paradigm of Western science. They could change drastically our image of human nature, of culture and history, and of reality.

The recognition of the primary and independent significance of spiritual aspects of the psyche or of what would these days be called the transpersonal dimension, was extremely rare among Freud's followers. Only Jung was able to penetrate really deeply into the transpersonal domain and formulate a system of psychology radically different from any of Freud's followers.

In addition to the Freudian “individual unconscious,” there is also the “collective unconscious,” which contains the memories and the cultural heritage of all of humanity. According to Jung, the universal and primordial patterns in the collective unconscious, or “archetypes,” are mythological in nature. Experiences that involve the archetypal dimensions of the psyche convey a sense of sacredness—or “numinosity,” in Jung’s terms.

Systematic study of non-ordinary states has shown me, beyond any doubt, that the traditional understanding of the human personality, limited to postnatal biography and to the Freudian individual unconscious, is painfully narrow and superficial. To account for all the extraordinary new observations, it became necessary to create a radically expanded model of the human psyche and a new way of thinking about mental health and disease.

Altered states of consciousness have a clear potential for positive psychic development.

Ego is a small aspect of the totality of the psyche.

Leary has consolidated ancient psychic wisdoms and cast them in modern-day terms.

LSD “inhibits the inhibitors” in the psyche.

LSD tends to intensify the actual psychic state.

LSD users have entered the unknown land of psyche.

Mescaline transports the user to unexplored psychic areas.

Spirituality appears to be an intrinsic property of the deeper dynamics of the psyche.

The human psyche appears to be essentially commensurate with all of existence.

The human psyche is filled with wonderful potentials waiting to be awakened and used.

The LSD experience is a manifestation of the psychic unconscious.

The psyche is governed by unconscious forces of an instinctual nature.

The psyche is without boundaries and has seemingly infinite resources and creativity.

The psychic knot at the back of our habitual consciousness dissolves.

The wisdom of the East is not physical, but psychic and spiritual Science.

There are vast untapped potentialities in the human psyche.

This primordial state is characteristic of the deepest levels of the psyche.

Trust in the wisdom and spontaneous healing potential of the psyche.

You can see what’s going on in your psyche.

He felt his life had been “transfigured” by the “new being” which had emerged out of the depths of his psyche.

He found the whole experience exhilarating for having given him insights into his psyche and the nature of existence that he hadn’t thought himself capable of achieving.

I was getting insights as to why the child’s psyche is so fascinated and captivated by various mythic stories and their characters.

He remarked upon a gathering emotional intensity, expressing his surprise that such an emotionally charged psychical environment also could be experienced as “a state where all that is happening is good and supremely in one’s best interest.”

I realized that it was not up to us to dictate what the human psyche should be like in order to fit our scientific beliefs and worldview. Rather, it is important to discover and accept the true nature of the psyche and find out how we can best cooperate with it.

I understood that the essence of my being was identical with the timeless essence of every living thing, that formlessness was the essence of form, that the whole universe was reflected in every psyche, and that my separateness was only a illusion, a dream from which I had, in this moment, fully awakened.

I remember being particularly struck by the joy of hearing music as I never had heard it before. I could laugh at my old self-image, which included “not being musical”. I was deeply moved by each piece of music that was played. As I listened without distraction, each one evoked a different aspect of my psyche, and at the center of each was the perfect still point of pure being where one could experience union with God.

Doors to my psyche opened.

I could see the patterns in their psyches.

Suddenly, his whole psychic field of consciousness erupted.

The object psychically glowed. It seemed shiny to me and had a good clean vibe.

There was a psychic link between us.

a new model of the psyche, new understanding of emotional disorders and of the therapeutic process, new insights into human nature and the nature of reality

a process of purification, the onset of enhanced psychic sensitivity giving access to the hidden and highest potentials of human existence

a profound feeling of sacredness or holiness that is associated with certain deep processes in the psyche

connecting with the deep intrinsic spiritual dimensions of the psyche and elements of the collective unconscious

connecting with the intrinsic spiritual dimensions of the psyche and deep resources of the collective unconscious

knowledge of ourselves brought back from the subterranean regions of our psyche—our phylogenetic awareness

latent forces of vitality which we have not yet included in our physical or psychical science

LSD a “psychic broom” to sweep out the cobwebs and bring alive those senses so little used that they are all but atrophied

mapping uncharted zones of the human psyche, to resurrect a lost art or a lost knowledge or a lost consciousness

restoring man to a dynamic communion with his own sundered psyche, with his old sense of community and with the whole of life and the universe

reveal extraordinary capacities of the human psyche and important aspects of reality normally hidden from our awareness

that the deeper dynamics of the human psyche are, in their essence, numinous and that spirituality represents a critical dimension in the universal scheme of things

the cultivation of the inner life in response to the hunger for expression of the nonrational aspects of the psyche. New forms of music, art, poetry, dance, mysticism

to take them higher, to a new realm, to a psychic state they'd never experienced before, a new land of intensity and passion

to transport the beholder out of the old world of his everyday experience, far away, toward the visionary antipodes of the human psyche

various types and levels of experience that have become available in certain special states of mind and that seem to be normal expressions of the psyche

Jung's assertion that our psyches are deeply affected by a collective unconscious that gives us access to a vast warehouse of memories encompassing all of human experience from the beginning of time

those universal psychic archetypal structures that we share with the whole of mankind, such as the archetypal idea of mana, the hero, the cosmic God-man, the mother earth, the helpful animal, or the trickster figure, which we find in all mythologies and all religious systems (These things are seen with eyes closed.)

originating in the transpersonal realm of the human psyche: the interest in ontological and cosmological problems; an abundance of archetypal themes and mythological sequences; encounters with deities of different cultures; ancestral, phylogenetic memories; the experiential world of extrasensory perception and other paranormal phenomena (These things are seen with the eyes closed.)

a dramatic visionary odyssey into the depths of the psyche

a heightening of psychic energy

a journey into deep recesses of one's own psyche

a kind of psychic expansion

a magnetic-electric-psychic flow or energy between sound, light and dance

a model of the healthy psyche and included in it, was the mystical experience

a new conception of the human psyche

a psychic catharsis that would clarify

a sense of acceleration of intrapsychic activity

a sensory and psychic extravaganza

an entirely new status and image of the human psyche

an experience of psychic integration

an extraordinary inner journey into the domains of the psyche

charge the psyche with energy

charged with a psychic electricity

cleanse the psyche

deep explorations of the human psyche, new information about the human psyche

deep psychic activity

deep psychic forces

dimensions of the psyche

expand psychic awareness

experienced a psychic rebirth

inner journeys and discoveries in the unknown territories of the human psyche

levels of the human psyche that are primordial, timeless and universal

new insights into the human psyche

on a deep psychic level

on a psychic plane, in the energy  
produces a variety of intense and unusual psychic effects  
psychic energy  
psychic harmony  
psychic insights  
psychic liberation  
psychic perception  
psychic phenomena  
psychic realities experienced during altered states of consciousness  
“psychological empathy”—the psychical at-oneness with the object  
recognizing the significance of spiritual dimensions of the psyche  
strong forces of psychic energy  
the cleansing of the psyche which is taking him or her to a new, healthier way of being  
the consciousness-altering effects on the depth of the psyche  
the creative superconscious and radiant potential of the psyche  
the deep, overwhelming psychic effects  
the deeper dynamics of the human psyche  
the emotional power of LSD on the human psyche  
the greater depths of the human psyche, with all its mystical overtones  
the hidden intuitive aspects of the psyche  
the potentialities of the human psyche  
the psychic plane  
the psychic state  
the psychic treasure  
the sense of psychic liberation  
the spontaneous healing potential of the deepest dynamics of the psyche  
the universality of the psychic process  
these mad dashes into the psychic wilderness  
this multifaceted psychic upheaval  
this psychic eruption, sudden insights and startling revelations  
to explore the corridors of his psyche  
transports the user to unexplored psychic areas  
unique psychic effects  
unleashing intense psychic energies  
unusual psychic energy  
Western scientists with their limited model of the human psyche

