

Universe, Galaxy, Star, Sun, Solar System, Planet, Earth

A person describing it can talk about a complete loss of the ego and simultaneously claim that his or her sense of identity expanded so that it encompassed the entire universe.

A reality is experienced that exposes a gleam of the transcendental reality in which universe and self are one.

A universe which grows excludes the possibility of knowing how it grows in the clumsy terms of thought and language.

All boundaries in the universe are ultimately illusory, arbitrary and can therefore be transcended.

Any number of interpenetrating universes of different orders can be seen in holographic coexistence.

As the universe reveals its true essence as a cosmic play of consciousness, the world of matter is destroyed in the psyche of the individual.

At times, the scenery of the Beyond bears very little similarity to anything known on earth. (eyes closed)

Because of the omnipresence of the infinite, any point in the universe may be regarded as central (the center of the whole).

Certain forms of Eastern “mysticism,” in particular Taoism and Buddhism, don’t presuppose a universe divided into the spiritual and the material.

Consciousness is much more than mere cellular activity in the brain, but rather a chain of reactions along a continuum of mindfulness distributed throughout the universe.

Deep self-exploration of the individual unconscious turns into a process of experiential adventure in the universe-at-large which involves cosmic consciousness.

Each of us potentially has access to vast realms of knowledge through his own mind, including secrets of the universe known so far only to a very few.

Each person is at each moment capable of remembering all that has ever happened to him and of perceiving everything that is happening everywhere in the universe.

Every process in the universe that one can observe objectively in the ordinary state of consciousness also has a subjectively experiential counterpart.

Everything flows. The flow of water, of wind and of fire is obvious, as is also the flow of thought. The flow of earth and rock is less obvious.

Experiences with the sun and wind lend themselves to creation of rich mythological fantasies.

Experiencing one’s self as one with the universe or with God is the hallmark of the mystic experience, regardless of its cultural context.

Galileo was branded a lunatic and a heretic for suggesting that the earth revolved around the sun.

Holiness does not reside in gods outside of nature. Holiness IS nature and our attitude toward rocks, whales, and galaxies should be one of reverence.

How do we get to live according to the real laws of science rather than the local ordinances of Prison Earth?

I've been given tremendous mileage on my quest for meaning by the few transmitting glimpses LSD has given me of the cosmic mesh that stitches the universe together.

If the behavior of an organism is intelligible only in relation to its environment, intelligent behavior implies an intelligent environment. The galaxy is intelligent.

In natural forms like seashells, there is a whole interior universe of order. (That's true of all forms because all forms are natural forms.)

In psychedelic sessions, all of the elements in the universe in its present form and throughout history can be consciously experienced by the individual.

In Taoist and Buddhist thought, there is no conception of a God who deliberately and consciously governs the universe.

In the extreme forms of transpersonal perception, we can experience ourselves as the whole hemisphere of our planet or the entire material universe.

Individuals talk about experiencing themselves as reborn and purified; a deep sense of being in tune with nature and the universe replaces their previous feelings of alienation.

Isn't the whole point of psychedelics to break down the walls of absurdity and reestablish a divine intuition amongst the human species on this good earth? Well, of course it is.

It has a deep logic of its own and can be meaningfully related to a new model of the universe and of human nature.

It is possible to experience the consciousness of all creation, of our planet, of the entire material universe.

It is possible to experience the history of the Universe before the origin of life on earth. (eyes closed)

It is quite urgent that we learn to perceive ourselves as integral features of nature and not as frightened strangers in a hostile, indifferent or alien universe.

It's a universe of inconceivable beauty in which all things are full of life and charged with an obscure but immensely important meaning.

It's a very salutary thing to realize that the rather dull universe in which most of us spend most of our time is not the only universe there is.

Jews and Christians think of God in political and monarchical terms, as the supreme governor of the universe, the ultimate boss.

LSD sessions can be seen as opportunities to confront the mysteries of the universe and the riddle of human existence.

My body and all bodies come forth from this swirl of energy as leaves come from trees and fish from the ocean and stars from space.

My own belief is that these experiences really tell us something about the nature of the universe, that they are valuable in themselves.

Mystery lies at the heart of the whole life of the universe, but it is a mystery beyond the reach of logic.

New energies excite our highest aspirations and can alter our central notions of man and his place on this planet.

No account of the universe in its totality can be final which leaves these other forms of consciousness quite disregarded.

Not until we could set aside the ego by recognizing its relative unimportance could we achieve spiritual growth here on earth.

One is not committed by mysticism to any cut-and-dried statement about the structure of the universe.

Perennial philosophy sees humans as essentially commensurate with the entire universe and ultimately divine.

Pervasive feelings of the “All rightness of the Universe” and a humble gratitude are the overwhelming emotional responses to union or communion with the divine.

Some female subjects have experienced the penetration by the sun as sexual, speaking of the sun as a “cosmic lover” or using other words to that effect.

Subjects see new dimensions in the world and in the universe and tend to regard ordinary things and activities in everyday life as manifestations of the divine.

That universe within our skulls is infinitely more than the flimsy game world which our words and minds create.

That which, in the language of religion, is called “this world” is the universe of reduced awareness.

The beautiful forms of life upon the earth combine and swirl and couple and embrace in the most incredibly intricate, divinely magnificent spectacle conceivable.

The changes of consciousness have ontological relevance through offering valid insights into the nature of human existence and the universe.

The disease that is crushing and oppressing this planet is man’s possessive and manipulatory mind.

The distinction between the ordinary and the sacred disappears, and the individual—who essentially is the universe— becomes sacralized.

The earth could be viewed as part of a larger system—a cell in some larger body whose connective tissue might include radio messages crackling between the stars.

The experience is capable of giving intense visions and intense new awareness and conviction of awareness of one’s own place in the universe.

The Hindu says that the universe is God's maya or dream, the creation of an illusion so fabulous that it takes in its Creator.

The kingly concept of God makes identity of self and God or self and universe, inconceivable in Western religious terms.

The mystic knows that in some mysterious and indescribable manner, God and his universe are one.

The natural universe has been considered apart from and even opposed to God because it has not been experienced as one body.

The oceans, the air and even the solar system are as much our vital organs as heart and stomach. We are not in nature. We are nature.

The physical boundaries we perceive between ourselves and the rest of the universe may best be understood as more illusory than real, as products of our minds.

The sense of I as distinct from everything else in the universe is the very root of ego consciousness.

The subject becoming aware of himself as continuous with the energy of the universe, feels himself to be filled by divinity.

The Tao doesn't "know" how it produces the universe just as we don't "know" how we construct our brains.

The transpersonal experiences revealing the Earth as an intelligent conscious entity are corroborated by scientific evidence.

The ultimate mystery of the universe is not to be found far away in some distant place in a remote future. It's all right here, now.

The ultimate reconciliation with the universe comes from the insight that the totality of existence forms a unified field or network which is experientially available to each of us.

The use of drugs to alter consciousness is nothing new. It has been a feature of human life in all places on the earth and in all ages of history.

The universe and the human psyche have no boundaries or limits. Each of us is connected with and is an expression of all of existence.

The universe ceases to be a gigantic assembly of material objects; it becomes an infinite system of adventures in consciousness.

The universe in which a human being lives can be transfigured into a new creation by using "that other kind of seeing which everyone has but few make use of".

The universe is a many-dimensional pattern, infinite in extent, infinite in duration, infinite in significance and infinitely aware, we may surmise, of its own infinities.

The universe is an arrangement or pattern in which every so-called part is a function of the whole.

The universe is perceived as indescribably beautiful and radiant; individuals feel cleansed and purged and talk about redemption, salvation or union with God.

The universe of everyday life, which appears to us to be composed of solid, concrete objects, is actually a complex web of unified events and relationships.

The wind is experienced as a tangible manifestation of the awesome power of the universe, as “God’s breath” or nature’s exhalations.

There are billions of cellular processes in your body, each with its universe of experience, an endless variety of ecstasies.

There is a world inside a drop of water. A drop of blood is like a galaxy. A leaf is a fantastic organization, perhaps more complicated than our social structure.

There is no dualism of heaven and earth, natural and supernatural, Man and God, material and spiritual, mortal and immortal.

There isn’t anything in the whole universe to be afraid of because it doesn’t happen to anyone! There isn’t any substantial ego at all.

They would return through psychedelic drugs to a lost state of innocence, a time before time, when creation was fresh and the earth a paradise.

To go deeper and deeper into oneself is also to go farther and farther out into the universe.

Transpersonal experiences that involve transcendence of spacial barriers suggest that boundaries between the individual and the rest of the universe are not fixed and absolute.

Trust your nervous system, go with the flow, the universe is basically a beautiful and safe place.

Truth must be the last end of the whole universe and the consideration thereof must be the chief occupation of wisdom.

We are cut off from the great sources of our inward nourishment and renewal, sources which flow eternally in the universe. We must plant ourselves again in the universe.

We each hold the potential for having direct and immediate experiential access to virtually every aspect of the universe.

We have a universe that is an infinitely complex system of vibratory phenomena rather than an agglomerate of Newtonian objects.

We have access to virtually unlimited sources of information about the universe that may or may not have complements in the physical world.

We have become aware of the undiscovered universe within, of the uncharted regions of consciousness.

We have been trying to persuade ourselves that the universe is not a mystery but a somewhat stupid machine.

We will attain to knowledge of the universe through the spirit of truth and thereby to understanding of our being one with the deepest, most comprehensive reality.

Whereas the ego is your idea of yourself, the total energy system of the universe is what you are.

Whereas the scientific comprehension of the relative universe is as yet largely theoretical, Eastern disciplines have made it a direct experience.

You can throw yourself flat on the ground, stretched out upon Mother Earth, with the certain conviction that you are one with her and she with you.

A conception of the ultimate unity in being and consciousness of man and the universe is common to all the main religious traditions and is based on the experience of the mystics in each tradition.

A human being is a part of the whole, called by us “Universe”—a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest—a kind of optical delusion of consciousness. (That was Albert Einstein.)

A strange, qualitative leap seems to occur in which deep exploration of the individual unconscious turns into a process of experiential adventures in the universe-at-large, involving what can best be described as the superconscious mind.

All of our unconscious bodily functions, such as breathing and digestion, the beating of our hearts, the biochemistry of our metabolism, and so on, are part of a seamless web that does, indeed, include the whole universe.

As all great musicians have insisted and as anybody who has listened to music with understanding agrees, music has some kind of cognitive meaning. It does say something about the nature of the universe. Beethoven insisted on this very strongly.

cosmological mysticism—It’s an ecstatic experience of Nature and Process which leaves the subject with a sense of having acquired important insight into, as well as identity with, the fundamental nature and structure of the universe.

During the next few hundred years, the major activity of man will be scientific exploration of and education in the many new universes of awareness which have been opened up by psychedelic drugs.

Each human being contains the information about the entire universe or all of existence, has potential experiential access to all its parts, and in a sense is the whole cosmic network.

Every cell in your body is singing its song of freedom—the entire biological universe is in harmony, liberated from the censorship and control of you and your restricted ambitions.

How can anyone be so naïve as to imagine that an ideology, a thought system generated by the monkey mind, would be adequate to explain the universe? (That was Terence McKenna.)

Individuals experience a new sense of empathy and warmth toward other people and perceive the world as a fascinating and basically friendly place. Everything in the universe appears perfect, exactly as it should be.

Individuals who experienced the phenomenon of ego death followed by the experience of rebirth and cosmic unity seemed to show radical and lasting changes in their fundamental understanding of human nature and its relation to the universe.

In recent decades, after centuries of domination by Newtonian mechanics, scientific understanding of time, space and matter has converged with visions of the universe expressed in Eastern religious texts that are thousands of years old.

In the paradisaical vision, the individual has a different sense of identity. It is not merely itself, bounded rigidly by its own skin. Its identity is also its whole field, which, in mystical terms, is to say that it is one with the universe.

In this type of experience, the subject has the feeling of encountering the Creator of the universe or even of full identification with him. This can be accompanied by extraordinary insights into the process of creation.

Is it possible to celebrate the union of Heaven and Earth in a religion which has consistently held that sexual love is disgusting and sinful except between married couples for the sole purpose of reproduction?

It is an ecstatic state, characterized by the loss of boundaries between the subject and objective world, with ensuing feelings of unity with other people, nature, the entire Universe and God.

It was a time when our hearts were filled with the yearning for spiritual growth and the desire to establish the kingdom of God on earth. (That was Nina Graboi talking about the sixties.)

Many traditional scientists confuse the current Newtonian-Cartesian model of the universe with a definitive description of reality, the accuracy and truth of which has been proven beyond any reasonable doubt.

Many transpersonal experiences involve events from the microcosm and macrocosm—realms that cannot be directly reached by human senses—or from periods that historically precede the origin of the solar system.

Our models of “reality” are very small and tidy, the universe of experience is huge and untidy, and no model can ever include all the huge untidiness perceived by uncensored consciousness.

Paying exclusive attention to differences ignores relationships. It does not see, for example, that mind and form or shape and space are as inseparable as front and back, nor that the individual is so interwoven with the universe that he and it are one body.

Raptures about “transcendental experiences” often focus on the visual splendors and lofty insights into the meaning of existence and the universe and the increase in aesthetic sensitivity.

Realization of the fundamental identity of the individual consciousness with the creative principle of the universe is one of the most profound experiences a human being can have.

Spiritual feelings are associated with the dilemma of time and space, origin of matter, life and consciousness, dimensions and complexity of the universe and human existence, and the ultimate purpose underlying the process of creation.

Spirituality is something that characterizes the relationship of an individual to the universe and does not necessarily require a formal structure, collective ritual, or mediation by a priest.

Subjects see new dimensions in the universe, have strong feelings of being an integral part of creation and tend to regard ordinary things in everyday life—such as meals, walks in nature, playing with children or sexual intercourse—as sacred.

Tao signifies the energy of the universe as a way, current, course or flow which is at once intelligent and spontaneous. It's your own true self, the very energy and patterning of your bones, muscles and nerves.

That transpersonal experiences can mediate access to accurate information about various aspects of the universe previously unknown to the subject requires in itself a fundamental revision of our concepts about the nature of reality.

the clearly mystical sensation of self-and-universe as a unified field or process—The sensation of man as an island-ego in a hostile, stupid or indifferent universe seems more of a dangerous hallucination.

The dust on the shelves has become as much of a mystery as the remotest stars; we know enough of both to know that we know nothing. “Something unknown is doing we don't know what”.

The ego entirely leaves out the polar unity of the organism with the universe, ignoring the fact that the two are a single process. (The ego doesn't actually ignore that fact in that it doesn't even know that it is a fact.)

The empathy with nature seems to be especially abetted by the warming rays of the sun, the playing of the breezes over the subject's body, his contact with the earth below him and various other types of tactile experiencing of the environment.

The “emptiness” of the universe signifies the fact that the outlines, forms and boundaries to which we attach all terms are in constant change and in this sense, its reality cannot be fixed or limited. It is called empty because it cannot be grasped.

The experience quite regularly has a definitive spiritual and mystical emphasis and this typically takes the form of enchantment with the mysteries of nature and the creative forces of the universe.

The highest point of the experience is a moment of transcendence in which the user passes out of the everyday world into a paradisiacal egoless state in which he believes he has attained some ultimate revelation about the nature of mind and the universe.

The liberating aspect of rebirth and the affirmation of positive forces in the universe are frequently expressed in visions of radiant, blinding lights that has a supernatural quality and seems to come from a divine source.

The meaning of the universe is wholly felt, not thought out. (“Thought out” is based on words, which by itself, cannot get one to the meaning of the universe. One must get past words and ego.)

The point upon which orthodox theology wishes to insist is that the universe, definitively and absolutely is not God. (How can they claim that God is infinite and at the same time, claim that he is separate from the universe?)

The presupposition that one's own religion is, even without examining others, the best and truest of all is stupidity. Science, too, has a mythological level, which is the fiercely held position that the physical universe, outside man, is dead and stupid.

The psychedelic experience at its best embodies a mythic substantiation of the universe that is frequently overpowering in its revelations. It is a world of myth and ritual, a never-never land of infinite grace and goodness.

The recognition that the universe is not a mechanical system but an infinitely complex interplay of vibratory phenomena of different types and frequencies, prepared the ground for an understanding of reality based on entirely new principles.

The sage often appears to be an idiot or "wildman" because he doesn't take the choosing seriously. It's not life or death. It's life and death and ultimately there is nothing to be dreaded. There is nothing outside the universe, against which it can crash.

The sensation of relationship is the impulse underlying the great religious traditions of the world—the sensation of basic inseparability from the total universe, of the identity of one's own self with the Great Self beneath all that exists.

The subject may observe or feel himself to be a part of the evolutionary process, seemingly becoming aware of the whole or a part of the pattern of emerging life on this earth and its progression towards the present point in time.

The universe is not a collection of bits and pieces, divided in time and space, but is in reality the metaphysical "One," wherein everything is tied up with everything else in a pattern which is absolute for the entire universe.

The Western man who claims consciousness of oneness with God or the universe clashes with his society's concept of religion. In most Asian cultures, however, such a man will be congratulated as having penetrated the true secret of life. He has arrived.

Theologians said to Galileo, "We will not look through your telescope because we already know how the universe is ordered. If your telescope were to show us anything different, it would be an instrument of the devil."

There are as many levels of consciousness as there are neurological, sensory, anatomical, cellular, molecular and atomic structures within the human body—a galaxy of communication systems and energy patterns, being sent and received.

These drugs promise discoveries about mind as important and far reaching in their ultimate effects as have been the revolutionary findings of this century concerning the physical universe.

This whole image of the universe as an imperial and monarchical state is a joke. The ultimate identity of man with God is not identity with this Commander-in-Chief of the universe.

To construct a more adequate picture of man and the universe, we have to redefine science as well as demystify mysticism. (That doesn't mean taking the mystery out of mysticism, but waking up and respecting mysticism at least as much as science.)

Various aspects of the universe from which we would expect to be separated by an impenetrable spacial barrier can suddenly become easily experientially available and in a sense appear to be parts or extensions of ourselves.

We are responsible for this planet. This is our playground. It's our sun in the sky and this is our Garden of Eden. We've never lost it. We've only forgotten the key to unlock the door of perception.

We see that there is no conflict between the mystical approach to religion and the scientific approach, because one is not committed by mysticism to any cut-and-dried statement about the structure of the universe.

When we feel ourselves to be sole heirs of the universe, when the sea flows in our veins...and the stars are our jewels, when all things are perceived as infinite and holy, what motive can we have for the pursuit of power? .

All of creation—people, animals, plants and inanimate objects—seems to be permeated by the same cosmic essence and divine light. A person in this state suddenly sees that everything in the universe is a manifestation and expression of the same creative cosmic energy and that separation and boundaries are illusory.

An individual who has a transcendental experience develops an entirely new image of his or her identity and cosmic status. The materialistic image of the universe in which the individual is a meaningless speck of dust in the vastness of the cosmos is instantly replaced by the mystical alternative.

Any serious scientific theory has to be an attempt to organize the existing facts, rather than a product of speculative extrapolation. It has to be based on observations of the universe and not on the beliefs of scientists as to what the universe is like or their wishes about what it should be like to fit their theories.

Could it be that the universe is, in the final analysis, just a divine play of consciousness where all natural laws are ultimately arbitrary, and where any one of us, at any time, can somehow access any material that ever existed or will exist for anyone, anywhere, unfettered by the illusions of matter, space, and time?

experiences of other universes—The strange and alien worlds that LSD subjects discover and explore in this type of experience seem to have a reality of their own, although not within the range of our cosmos; they appear to exist in other dimensions, in universes coexistent with ours.

How many of us now realize that this galaxy and all other galaxies are just as much you as your heart or your brain, that your coming and going, your waking and sleeping, your birth and your death are exactly the same kind of rhythmic phenomena as the stars and their surrounding darkness?

How strange that we should all carry around with us this enormous universe of vision and that which lies beyond vision and yet be mainly unconscious of the fact! How can we

learn to pass at will from one world of consciousness to the others. Mescaline and LSD will open the door.

I see consciousness and the human psyche as expressions and reflections of a cosmic intelligence that permeates the entire universe and all of existence. We are not just highly evolved animals with biological computers embedded inside our skulls; we are also fields of consciousness without limits, transcending time, space, matter and linear causality.

I would say that the mind is not insular, but an interconnected part of a universe of both physical and symbolic substance, whose linkages extend throughout space and time. The Psychedelic has helped me to feel like a part of this connection. I feel like I have a much greater understanding of non-Western and pre-industrial mind-sets.

In the final analysis, only the creative principle of Cosmic Consciousness exists. Only it takes physical form. From this point of view, the entire universe is a divine play of the one Supreme Being. Anyone who grasps this concept will see that karmic appearances are just another level of delusion.

In the psychedelic '60's the flower children had been lit up like living torches and beamed out their powerful little lights across the world. For a while it looked like the light would conquer the dark, and there would at last be peace on earth. We were filled with wonderment, gratitude, awe, love. We had seen MORE than the everyday reality.

In this type of experience, subjects get involved in wild adventures in strange, alien worlds that have reality of their own, although not within the range of our cosmos. These universes seem to exist on other levels of reality or in other dimensions, parallel with and coexistent with ours. (eyes closed)

Individuals who encounter transpersonal experiences of this kind in their psychedelic sessions frequently gain access to detailed and rather esoteric information about the corresponding aspects of the material universe that far exceeds their general educational background and their specific knowledge of the area in question.

Is the use of LSD the initial event that will guide us to a new morality and to new patterns of human life on this planet? Will we keep our heads straight and our bodies and minds clear? Or will we become anti-intellectuals devoted to the culture of "big fishes eating smaller fishes" in the holy names of religion, education, civilization, progress.

It will enable each person to realize that he is not a game-playing robot put on this planet to be given a Social Security number and to be spun upon the assembly line of school, college, career, insurance, funeral, good-bye. Through LSD, each human being will be taught to understand that the entire history of evolution is recorded inside his body.

It's a battle of lifestyles. It's the lovers versus the salesmen of junk. It's the poets versus the manufacturers of crap. It's the dancers versus the bringers of war. It's the songmakers, the earth tenders, the new gardeners of Eden versus the military/industrial complex. And beware, my friends, they are relentless.

Jesus was aware of himself as a finished specimen of the new humanity which is to come—the new humanity which is to inherit the earth, establish the Kingdom, usher in the New Age. His mission and his teaching have at their heart the development of a new and higher state of consciousness on a species-wide basis.

LSD subjects often arrive at the conclusion that no real boundaries exist between themselves and the rest of the universe. Everything appears to be part of a unified field of cosmic energy, and the boundaries of the individual are identical with the boundaries of existence itself.

Man is going to get back in harmony with his body, with fellow man and with other forms of life on this planet. Man is going to realize that consciousness is the key to human life and instead of power struggles over territory and possession of weapons, the focus of man's energies is going to be on consciousness.

Many of the experiences and observations from psychedelic sessions seemed to seriously challenge the image of the human psyche and of the universe developed by Newtonian-Cartesian science and considered to be accurate and definitive descriptions of "objective reality".

One can experience and tune in to what appears to be the consciousness of animals, plants or even inanimate objects and processes, to experience the consciousness of the entire universe or experience the consciousness of certain parts of the body—various organs, tissues or individual cells.

One can transcend the limits of the specifically human experience and identify with the consciousness of animals, plants or even inanimate objects and processes. In the extremes, it is possible to experience the consciousness of the entire biosphere, of our planet, or of the entire material universe.

Our true nature is an aspect of a universal consciousness, Self, Being, Mind, of God. The awakening of this true nature is the direct awareness that you are more than this puny body or limited mind. It is the realization that the universe is not external to you. It is experiencing the universe as yourself.

Spiritual feelings are associated with such issues as the enigma of time and space; the origin of matter, life and consciousness; the dimensions of the universe and of existence; the meaning of human life and the ultimate purpose underlying the process of the creation of the phenomenal world.

The history of science makes clear that the greatest advancements in man's understanding of the universe are made by intuitive leaps at the frontiers of knowledge, not by intellectual walks along well-traveled paths. Similarly, the greatest scientific thinkers are those who rely on sudden intuitive flashes to solve problems.

The human mind is not limited to biographically determined elements in the Freudian unconscious; it has no boundaries or limits and its dimensions are commensurate with those of the entire universe. From this point of view, it is more correct to see human nature as divine than as bestial.

The individual in this state becomes deeply aware of his or her unity with other people, nature and the entire universe and with the ultimate creative principle or God. This is accompanied by an overwhelming positive affect that can range from peace, serenity and bliss to an ecstatic rapture.

The mechanistic image of the universe created by Newtonian-Cartesian science is no longer an accurate and mandatory description of reality. (It never was an accurate

description of reality because there is no such thing as an accurate description of reality by using words, and not even mathematical or chemical formulas can do it.)

The mind is not limited to biographically determined elements of the Freudian unconscious; it has no boundaries or limits and its dimensions are commensurate with those of the entire universe. From this point of view, it is more correct to see human nature as divine than as bestial.

The most direct challenge to the principles of mechanistic science are phenomena from transpersonal experiences, such as “the relativity and arbitrary nature of physical boundaries, nonlocal connections in the universe, memory without a material substance, nonlinearity of time, and consciousness associated with inorganic matter.”

The notion that the universe is gyrating stupidly in which man is doomed to frustration, this reductionist, nothing-but-ist view with its muscular claims to realism and facing-factuality is at root a resentment against quality, genius, imagination, poetry, fantasy, inventiveness and gaiety. It is as superstitious as flat-earthism.

The observations of the last few decades have drastically changed our understanding of the relationship between consciousness and matter and of the dimensions of the psyche. They show consciousness as an equal partner of matter, or possibly even supraordinated to matter, and creative intelligence as inextricably woven into the fabric of the universe.

The person is at one with the universe. In his mystic selflessness he awakens with a feeling of rebirth, often physically felt and he is provided with a new beginning, a new sense of values. He becomes aware of the richness of the unconscious at his disposal; the energies bound up in and by repression become available to him.

The prime characteristic of cosmic consciousness is a consciousness of the cosmos, that is, of the life and order of the universe. Along with the consciousness of the cosmos there occurs an intellectual enlightenment which alone would place the individual on a new plane of existence, would make him almost a member of a new species.

There are myths of the creation of the world through the cutting up of some primordial being, of its division into heaven and earth, into the multiplicity of things or into the 2 sexes— from which follows the generation of offspring. Thus many mythologies envisage the goal of life as the “rememberment” of the original “dismemberment”.

These experiences clearly suggest that, in a yet unexplained way, each of us contains the information about the entire universe or all of existence, has potential experiential access to all its parts and in a sense, is the whole cosmic network, as much as he or she is just an infinitesimal part of it, a separate and insignificant biological entity.

This new self has no location. It is not something like a traditional soul, using the body as a temporary house. To ask where it is, is like asking where the universe is. Things in space have a where, but the thing that space is in doesn't need to be anywhere. It is simple what there is, just plain basic isness!

To discard the extraordinary features of these experiences and the conceptual challenges associated with them just because they do not fit the current paradigm in science certainly is not the best example of a scientific approach. We must accept the universe as it is, rather than imposing on it what we believe it is or think it should be.

Transpersonal experiences which involve transcendence of spacial barriers suggest that the boundaries between the individual and the rest of the universe are not fixed and absolute. Under special circumstances, it is possible to identify experientially with anything in the universe, including the entire cosmos itself.

Transpersonal psychology and the mystical world-view are frequently and erroneously referred to as unscientific. This reflects the fact that psychology and psychiatry, as well as the general public, still adhere to the old model of the world, based on the Newtonian image of the universe and the Cartesian dichotomy between mind and matter.

We think of God as the King of the Universe, the Absolute Technocrat who personally and consciously controls every detail of his cosmos. (God doesn't "consciously control every detail of his cosmos" any more than we consciously control every detail of our circulatory and digestive systems.)

Where you have theological systems, it is claimed that these presuppositions about events in the past and events in the future and the structure of the universe are absolutely true; consequently, reluctance to accept them is regarded as a rebellion against God, worthy of the most undying punishment. (What a joke.)

Within the new world-view, the very creative principle of the universe is experientially available to the individual and, in a certain sense, is commensurate and identical with him or her. This is a drastic change of perspective and it has far-reaching consequences for every aspect of life.

Your body carries a protein record of everything that's happened to you since the moment you were conceived as a one-cell organism. It's a living history of every form of energy transformation on this planet back to that thunderbolt in the Precambrian mud that spawned the life process over 2 billion years ago.

Among Jung's best known contributions is the concept of the "collective unconscious", an immense pool of information about human history and culture that is available to all of us in the depth of our psyches. Jung also identified the basic dynamic patterns or primordial organizing principles operating in the collective unconscious, as well as the universe at large. He called them "archetypes."

Anything in the environment—a painting on the wall, a pattern in the carpet—may become a universe to be entered and explored; drug users say they understand what Blake meant by "the world in a grain of sand and heaven in a wild flower." Color seems dazzlingly bright and intense, depth perception heightened, contours sharpened, and relief clearer; details usually overlooked become intensely interesting.

If all this ends with the human race leaving no more trace of itself in the universe than a system of electronic patterns, why should that trouble us? For that is exactly what we are now! Flesh or plastic, intelligence or mechanism, nerve or wire, biology or physics—it all seems to come down to this fabulous electronic dance, which, at the macroscopic level, presents itself as the whole gamut of forms and "substances".

In my utopian fantasy, Island, I speculated in fictional terms about the ways in which a substance akin to psilocybin could be used to potentiate the nonverbal education of adolescents and to remind adults that the real world is very different from the misshapen

universe they have created for themselves by means of their culture-conditioned prejudices. (That was Aldous Huxley.)

In the Western world, visionaries and mystics are a good deal less common than they used to be. In the currently fashionable picture of the universe, there is no place for valid transcendental experience. Consequently, those who have had what they regard as valid transcendental experiences are looked upon with suspicion, as being either lunatics or swindlers.

Laws against mere possession or even cultivation of these plants are in basic conflict with Biblical principles. "And God said, 'Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.' ...And God saw everything that he had made, and behold, it was very good." ("Everything" and "every herb" includes psychedelics.)

LSD subjects often consider the possibility that consciousness is a basic cosmic phenomenon related to the organization of energy and that it exists throughout the universe; in this context, human consciousness appears to be only one of its many varieties and outgrowths. Episodes of consciousness of inorganic matter can be accompanied by various insights of a philosophical and religious relevance.

Newtonian-Cartesian science views matter as the foundation of the universe. Scientists who adhere to this system of thought portray consciousness as a product of physiological processes taking place in the brain. From such a perspective, each of our consciousnesses is confined to the inside of our skulls, absolutely separated from the consciousnesses of other people. (These scientists have it all wrong of course.)

Often a good part of the session would be spent on the beach or in the water. We found that the surf, in the protected bay, proved to be an excellent way to bring someone through a difficult phase of the trip. Simply to lie at the water's edge, merging into the eternal currents of air, ocean, sea, and earth, seemed to clear away much fear, suspicion, frustration, and other emotional baggage.

The human brain, we are told, is composed of about 10 billion nerve cells, any one of which may connect with as many as 25,000 other nerve cells. The number of interconnections which this adds up to would stagger even the astronomer and astronomers are used to dealing with astronomical numbers. The number is far greater than all the atoms in the universe.

The subject may experience slight or drastic changes in the size, configuration, substance, weight and other attributes contributing to definition of the body. He may seem to himself to assume the form of some animal or even some inanimate object and he may be reduced to a sub-atomic particle or expanded to the proportions of a galaxy. He may experience his body's dissolution and the sense of having no body at all.

The too-sudden opening up of the universe can induce an onslaught at what Aldous Huxley called the "horror of infinity," a terror of the vastness of the void within or without, of the utter minuteness and aloneness of the soul in the cosmos. A clenching reflex is, after all, a natural response to the floor and ceiling flying out of your mind. (One needs to be prepared for this and understand that it's all right.)

The traditional definition of sanity involves perceptual, emotional, and cognitive congruence with the Newtonian-Cartesian image of the universe, not as a pragmatically useful model, but as the only accurate description of reality. Substantial and critical deviations which seriously challenge the Newtonian-Cartesian postulates are labeled as psychosis.

There is no form of energy on this planet that isn't recorded somewhere in your body. Built within every cell are molecular strands of memory and awareness called the DNA code, the genetic blueprint that has designed and executed the construction of your body. This is an ancient strand of molecules that possesses memories of every previous organism that has contributed to your present existence.

Under conditioning, it seems impossible and even absurd to realize that myself does not reside in the ego alone, but in the whole surge of energy which ranges from the galaxies to the nuclear fields in my body. At this level of existence "I" am immeasurably old; my forms are infinite and their comings and goings are simply the pulses or vibrations of a single and eternal flow of energy.

Western cultures have bred a type of human being who feels strongly alienated. He has lost his connection with the surrounding universe. He does not know that the "ultimate inside" of himself is the same as the "ultimate inside" of the cosmos or that, in other words, his sensation of "I" is a glimmering intimation of what the universe itself feels like on the inside.

Western scientific disciplines have described the universe as an infinitely complex mechanical system of interacting, discrete particles and separate objects. In this context, matter appears to be solid, inert, passive and unconscious; life, consciousness and creative intelligence are seen as insignificant accidents and derivatives of material development. (Einstein understood. Will the other Western scientists ever wake up?)

What we once perceived as the boundaries between objects and the distinctions between matter and empty space are now replaced by something new. Instead of there being discrete objects and empty space between them, the entire universe is seen as one continuous field of varying density. In modern physics, matter becomes interchangeable with energy.

When one sees God as light and beauty penetrating the whole of the universe, feelings are far too intense and sacred to contain one iota of humor. (The writer doesn't mean that humor isn't part of an LSD trip, but refers to someone insensitively revealing their total ignorance of LSD by laughing at the person's descriptions of some details of their experience.)

With the Hebrew-Christian universe, God, the Absolute itself, is good as against bad and thus to be immoral or in the wrong is to feel oneself an outcast not merely from human society but also from existence itself, from the root and ground of life. To be in the wrong therefore arouses a metaphysical anxiety and sense of guilt, a state of eternal damnation. (This, of course, is absurd brainwashing, a vicious con game.)

You can bring the subconscious into the realm of discriminative consciousness and thereby, to draw upon the unrestrictive treasury of subconscious memory, wherein are stored the records of not only our past lives but the records of the past of our race, the

past of humanity, and of all pre-human forms of life, if not the very consciousness that makes life possible in this universe.

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A new awareness of one's relatedness to others and to the universe is strengthened.

A new heaven seems to shine upon a new earth.

Can you float through the universe of your body and not lose your way?

Dante described the song of the angels in heaven as "the laughter of the universe."

Each cell is a universe.

Each one of us is a manifestation of the total energy of the universe.

Each organism is the universe experiencing itself in endless variety.

Earth is in heaven, not opposed to it.

Every atom contains the "brain" of the whole universe.

Every so-called part of the universe is a function of the whole.

Explore an inward universe.

For us, the planet was without Original Sin.

Get in touch with your cellular wisdom. Get in touch with the universe within.

God knows how to produce the universe just as I know how to breathe.

Here is the place whence Heaven and Earth derive their being.

If I could perpetuate this state I should have found upon this earth the joys of heaven.

In each human being dwells an infinite power, the root of the universe.

In this universe, there is one great energy and we have no name for it.

It is not the mystics who have trashed the planet.

Just as my brain sees with my eyes, the universe feels with my body.

Nobody is truly sane until he feels gratitude to the whole universe.

Occupying neither space nor time, the eternal Now contains the whole universe.

Our species has overrun the material spacial possibilities of this planet.

Our universe, including ourselves, is wiggling.

Stars teach us lessons nightly, speaking both of Beauty and Truth.

The boundary between self and universe is not necessarily fixed.

The deepest center of man is the deepest center of the universe.

The earth can be perceived as Mother Earth or a divine being.

The entire universe exists nowhere but in this sizeless and timeless present moment.

The galaxy itself and every structure within it is an oscillating dance.

The galaxy was a seed inside a person.

The head becomes the universe, infinitely expansive or contractible.

The nameless is the origin of heaven and earth.

The only true atom is the universe.

The parts of the universe are not separable, but fully interwoven.

The perfection of the universe was undeniable.

The subatomic structure of the universe is not absolutely static or solid.

The universe becomes "a mystery to be experienced, not a riddle to be solved."

The universe has no opposite.
The universe is comprised more of energy frequencies than of matter.
The universe is full of invisible intelligence.
The universe is in essence a vibratory dynamic system.
The universe is, in fact, friendly.
The universe is not made out of stuff, but patterns, patterns of relationship.
The universe is seen as an ever-unfolding drama of endless alternatives in consciousness.
The universe itself is an energy system which vibrates.
The whole universe of multiplicity is the play of a single energy, the Supreme Self.
There is no death, his true self being as eternal as the universe.
Under LSD, the universe is perceived in its entirety as eternal, natural and perfect.
We discover our true self to be the Self of the universe.
We look not up but down into our galaxy.
We lost our vision of the universe in the overwhelming complexity of its details.
What is man? He is within His body. His body is the universe.
You can enter heaven and see how the universe works.
You yourself is the universe which you are observing.
Your “ego” is to your brain what the planet earth is to our galaxy.

A delicious warmth suffuses my whole body. Hot and blissful, I float through the universe.

I feel that the mountains and the sea and the stars are all part of me, and my soul is in touch with the soul of all creatures.

I have seen the greater consciousness, shining like the sun on the other shore beyond the darkness.

He knows himself to be one with all, for he is no longer separating himself from the universe by seeking something from it. (He realizes that he can't separate himself from the universe because he is the universe.)

He senses the incredible emptiness that lies within the atoms, where the electronic planets circle their proton suns at distances which are comparably as vast as those in the solar system itself.

The feeling of self is no longer confined to the inside of the skin. Instead, my individual being seems to grow out from the rest of the universe like a hair from a head or a limb from a body, so that my center is also the center of the whole.

He is seeing immense zodiacal figures laid out in jeweled definition with blue and gold stones against the heavens “on a grand cosmic scale.” He speculates that the zodiacal signs that man has “imposed upon the stars” derive from corresponding physical structures in the brain. (eyes closed)

Great changes are taking place in this universe of myself.
He discovers that he is not only himself but also God or that he is the whole universe.
He has been blissfully united with the ground of the universe.
He states that his consciousness has expanded to encompass the whole universe.
The borders of the universe I live in seem to have expanded.
The stars are as big as huge diamonds—gleaming, sparkling, singing.

The universe seems to be exploding.

As in Plato's myth of the cave, what I was now seeing struck me with the force of the sun in comparison with which normal experience was flickering shadows on the wall.

Between the trees I could see the sun sending down rays of warming benediction upon this Eden, this forest paradise.

Celestial music of inexpressible beauty seemed to make the rhythm of the universe, of the melody and of our movements one.

For the first time, I was experiencing the universe for what it really is—an unfathomable mystery, a divine play of energy.

He felt that for the first time in his life he was experiencing the universe for what it really is—an unfathomable mystery, a divine play of energy.

He was convinced that this consciousness was the Creator of the entire physical universe. (That's not ego consciousness.)

I distinctly had the sensation of having been with God in the energy center of the universe.

I felt a warm oneness with all that live, a marvelous unity and harmony with the very universe itself.

I felt myself in a universal place or space where I knew that the whole universe was in each of us.

I felt that I was being transported to some mysterious place where the secrets of life and the universe were revealed.

I looked at the infinity of space and let my soul drift as it would. Carnivals were staged between the stars.

I looked out the window and the earth seemed to vibrate with life. It's alive. It's a wonderful world. I don't have to run anymore.

I ran madly out of the cottage and across galaxies and over time-warps and through the seas of space, searching frantically for the green planet earth among the infinite suns.

I saw that the universe is not composed of dead matter, but is on the contrary, a living Presence. I became conscious in myself of eternal life.

I was alone and adrift in infinities—lost in the universe of myself, vast and teeming, and in no thing different from the one we call outside. There is no outside.

I went back into my childhood, back to my conception and back before the creation of the earth. (eyes closed)

It seemed that everything there is between heaven and earth had been revealed to him, what Jung called the "absolute knowledge of the unconscious".

It was as if everything were backlit or lit from underneath and not just from the sun above.

Looking up, I saw the stars colored with the same reds, greens and blues that one sees in iridescent glass.

Outside at night, the world was transformed. The full moon shone so brightly it seemed like a sun.

The awareness that God was in every nook and cranny of the universe was now so tremendously increased and so richly fulfilling that a great reverence enfolded me.

The experience opened into a world of millions of colors and eventually into images of swirling galaxies. (eyes closed)

The mysteries of outer space were child's play compared to the complexities of inner space.

The sky descended and the earth was rising from below and he was soaring toward the center.

Where had the universe gone? There was no world anymore. The person is not even sure that he exists.

Wherever a pencil of light fell, between rocks or trees, it seemed a prismatic pathway between earth and heaven.

As my body was rocked with wave after wave, I lost contact with my feet and my legs. I began to experience a total identification with nature, as though my body were merging with the earth, like a tree with roots in the ground.

I felt within me the same glorious rhythm I had experienced all day. Now I knew this joyous rhythm to be no less than the rhythm of the universe itself. I knew that at last I was beginning to find God.

I was lifted entirely out of the world of hitherto conceivable being and invested with the power of beholding forms and modes of existence which on earth are impossible to be expressed.

It seemed to me that the feelings of joy, rhythm, appreciation of music and the many other emotions I had experienced were all part of an intrinsic spiritual power which pervades the universe, each of them different aspects of God.

Old things have passed away, all things have become new. It was like entering another world, a new state of existence. Natural objects were glorified, my spiritual vision was so clarified that I saw beauty in every material object of the universe.

She had merged with and had become the consciousness of the Earth. She experienced herself as the Earth, as a living, breathing organism. (Yes, the Earth is alive and so is everything else in the universe, including the universe itself.)

The body sensations were distinctly oceanic. The rushes were like waves and it seemed to make self-evident the principle that everything in the universe was comprised of waves of energy at varying frequencies.

The experience was highly significant. He comprehended "the essential All-Rightness of the universe". (Ultimately, the universe is good and right no matter how bad things seem to get.)

The mechanistic Newtonian model of the universe was steadily giving way to an Einsteinian continuum. Everything in the universe, from galaxies to quarks, was seen to be alive, evolving, sending out decipherable signals.

With all my being transfixed in the moment that answered the quest of my life, I shuddered in my soul and with new velocities of divining sight, I saw our universe sphering on its destiny.

During this long journey I saw recurrent images of mandala-like forms. Eventually I saw life arise on this planet, and humans evolve, and civilization develop to a point where a person with my Name/Address personality sat in a room and took some LSD and saw the evolution of the universe.

He had an experience of overwhelming cosmic ecstasy; the universe seemed to be illuminated by radiant light emanating from an unidentifiable supernatural source. The entire world was filled with serenity, love and peace; the atmosphere was that of “absolute victory, final liberation and freedom in the soul.”

I experienced a thunderbolt of ecstasy and my body dissolved into the flow of matter or energy of which the universe is made. I was swept into the core of existence from which all things arise and into which all things converge. Here there is no distinction between subject and object, space and time, or anything else....

I understood that the essence of my being was identical with the timeless essence of every living thing, that formlessness was the essence of form, that the whole universe was reflected in every psyche, and that my separateness was only a illusion, a dream from which I had, in this moment, fully awakened.

In sheer delight, I began to dance on this enchanted carpet (really a lawn) and through the thin soles of my moccasins I could feel the ground becoming alive under my feet, connecting me with the earth and the trees and the sky in such a way that I seemed to become one body with my whole surroundings.

My consciousness was lighted up from within and I saw in a vivid way how the whole universe was made up of particles of material which, no matter how dull and lifeless they might seem, were nevertheless filled with this intense and vital beauty. For a second or two, the whole world appeared as a blaze of glory.

There was simply a pattern of action, of process and this was at one and the same time the universe and myself with nothing outside it either to trust or mistrust and there seemed to be no meaning in the idea of its trusting or mistrusting itself, just as there is no possibility of a finger's touching its own tip.

We walked around the garden together. It was like walking in Paradise. Everything was composed and harmonized. I felt I had never really seen this garden before. I was enchanted with each plant, leaf, flower, tree trunk and the earth itself. Each blade of grass stood up separate and distinct, edged with light. Each was supremely important.

I “saw,” though that is not quite the word, the evolution of the universe. I felt the various stages of cosmic evolution, inventoried a thousand planets, participated in the molecular dance of life. Subjectively, I lived and experienced 10 billion years, feeling it second by

second. My Name/Address personality played no part in the pure consciousness with which I observed everything.

I was experiencing how consciousness manifests itself in separate forms while remaining unified. I knew that fundamentally there was only One Consciousness in the universe. From this perspective my individual identity and everybody else's appeared temporary and almost trivial. To experience my true identity filled me with a profound sense of numinous encounter.

It was as though a veil had been stripped away and certain things had become suddenly self-evident. I realized that there was just one force in the universe. There is only one energy and that is consciousness. And there is only one consciousness, one mind, and we are, in fact, one with this, which means we are all one. I felt this was a revelation of the true nature of reality.

My familiar reality had cracked; a vast new reality that promised liberation from death and meaninglessness lay before me. I believed that if everybody saw what I now saw there would be peace on earth. The demons of hate, violence, illness and war would be banished back into Pandora's box. The scales would fall from humanity's eyes and we would recognize that we are one, and that we are eternal.

She lay down on the grass in a field beneath a bright sun and soon was living out an epic of creation in which she identified with "the Great Goddess—Mother Earth." Her experience of this identification began when she first became aware that "for some time" her body had "no longer existed in its usual limited form" and that now she was "one with the earth."

Suddenly, I burst into a vast, indescribably wonderful universe. Although I am writing this over a year later, the thrill of the surprise and amazement, the awesomeness of the revelation, the engulfment in an overwhelming feeling-wave of gratitude and blessed wonderment, are as fresh, and the memory of the experience is as vivid, as if it had happened 5 minutes ago.

Aldous had given me a bowl of vegetable soup, beautiful and delicious. When I finished it, Aldous made a move to take the bowl and wash it. I held on to it as though he were taking my most precious possession. "Please don't, Aldous." The round, white bowl with little pieces of vegetable was to me the cosmos, round and infinite, punctuated by light exuding planets and stars of fiery orange and translucent green. Aldous smiled; he knew what one can see in a dirty dish when the doors of perception are cleansed.

Everything in this universe appeared to be conscious. After having had to accept the possibility of fetal consciousness, I was confronted with an even more startling discovery: consciousness might actually pervade all existence. My scientific mind was heavily tested by this possibility until I realized that although many of these experiences were incompatible with our common sense, they were not necessarily out of the realm of science.

Acid taught us the universe inside our mind.

Beginning with the inmost central part in my organism, the whole universe fell into place. He felt "At that instant, I had contacted the universe."

Heard said, "I ascended to the top of the universe."

Her inner conflicts were resolved and “the whole universe fell into place.”
I could reach the stars.
I could sense energies coming in from outer space and going out from the Earth.
I felt as if my soul had just been spread all over the universe.
I felt that my energy was somehow merged with the universe.
I felt the life in the earth.
I saw a new heaven and a new earth.
I saw the design of the universe, the blueprint of evolution.
I saw the sun so close I could touch it.
I saw the universe through new eyes.
I’d rediscovered the sort of Nutcracker Suite universe of the four year old.
It seemed as though the bottom had fallen out of the universe.
Like a map, the arcana of the universe lay bare before me.
Magnificent galaxies tempted me with their majestic silence and staggering beauty.
My watch, I knew, was in another universe.
Staring out the window, Ginsberg found himself staring into the depths of the universe.
Stars in the sky seemed to have special significance.
The earth itself was reborn for me. I watched it dance and danced with it.
The moon and stars were nearer and leaping on the sky.
The stars were awesome.
The stars were dancing in vibration to the sound.
The sun was sending a thrill of light.
The sun was shining with a brightness that seemed almost supernatural.
The universe was experienced as living and not a dead machine.

a high state of consciousness in which man finds union with the ultimate reality of the universe

a religious experience, a feeling of oneness with God and the universe—the point at which the individual is overcome with joy and good will

a religious experience, a oneness with the universe, insight into oneself and all other mysteries

a sense of personal revelation that might be expressed as physical sensation, as personal insight, or as philosophic or spiritual understanding of self and universe

an enchanted reality wherein everything is bound up with everything else in a pattern which is absolute for the whole universe

an expansive vision of the continuous rebirth of the planets and souls in a very big universe

an experience, a vision, a revelation which will explain, without words, why there is a universe

an experience of ecstatic connection with nature, with the cosmic order, and with the creative energy of the universe

an inspiration to people who still believe in the intrinsic spiritual power within the universe

an intense experience of cosmic consciousness, of the vivid realization that oneself is a manifestation of the eternal energy of the universe

at the secret of that infinity of beauty which shall be beheld in heaven and earth when the veil of the corporeal drops off

awareness of the process of photosynthesis in the leaves, the mysterious process that is the basis of all life on our planet

beings whose feet are planted on the ground, but whose heads and hearts can reach the stars

common mythological theme—that the universe arises from the sacrificial dismemberment of a divine being

cover the entire range of dimensions from atoms, molecules and single cells to gigantic celestial bodies, solar systems and galaxies

discover that the entire string of evolution on this planet is writ in protein molecules inside the nucleus of every cell in your body

experiential adventures in the universe-at-large, which involves what can best be described as cosmic consciousness or the superconscious mind

far-reaching insights into one's own self and into one's relationship with others, an insight into "the nature of the universe and the purpose of life"

feelings of spiritual rebirth and unity with other human beings, the entire universe and God

knowing who in fact one is, being conscious of the universe and impersonal life that lives itself through each of us

organism is inseparable from the still more marvelous patterns of its environment—from the minutest electrical designs to the whole company of the galaxies

psychedelics a powerful tool to cut through conditioning, to bring a person to direct understanding of their own true nature, and the nature of the universe

realizes that the whole universe is his body, a marvelous interrelated harmony organized from within itself rather than by interference from outside

restoring man to a dynamic communion with his own sundered psyche, with his old sense of community and with the whole of life and the universe

self-understanding, religious enlightenment, mystical experience, harmony with the universe and with other persons

sound a vibration of sound/silence, the whole universe, existence, a vibration of solid/space

that eternal namelessness and formlessness which is yet the very substance of the manifold concrete and transient universe

that infinity of beauty which shall be beheld in heaven and earth when the veil drops away

that the Self breathes out, scattering all galaxies into the sky and breathes in, withdrawing all things to their original unity

that the universe is at root a magical illusion and a fabulous game and that there is no separate “you” to get something out of it, as if life were a bank to be robbed

the center of centers, as remotely distant on the inside as the nebulae beyond our galaxy on the outside

the creative energy and intelligence of the universe as pure consciousness, existing beyond time and space

the depth of realization that became available when I let go of my preconceptions about the nature of the universe

the element of the miraculous which we feel both at the stars in heaven and at our own ability to be conscious

the failure of the rational approach to grasp the many mysteries of nature and the awe and wonder experienced in confrontation with the creative forces of the universe

the infinite moment when we immersed ourselves in the waters of our deepest selves, one with the universe, the rhythm, the energy, one with the pulse of existence

the knowledge—and not just the belief—that there was a connection between me and the rest of the universe, that I was more than what’s within the envelope of my skin

the metaphysical realization that man’s consciousness is a particular mode of the ultimate reality and is, in essence, identical with the ground of the whole universe

the sense of an intense gratitude for the privilege of being alive in a universe as extraordinary as this, as altogether wonderful

the very life of the universe, which is complete at every moment and does not need to justify itself by aiming at something beyond

to consider the universe as a self-organizing body which moves and regulates itself spontaneously like the circulation of the blood

to dedicate oneself wholly to the true inner universe, the study of one’s own nervous system, after one has turned on with LSD

to float through the universe of your body and not lose your way, to let your heart pump you down long red tunnels, to float through each tissue corridor (eyes closed)

to learn how to use psychedelic drugs to create a heaven on earth, to use drugs intelligently

to realize that the universe is profoundly different from what, on their ordinary, conditioned level of experience it had seemed to be

what Aldous Huxley called “perennial philosophy”, an understanding of the universe and of existence that has emerged again and again in different countries and historical periods

whether our physical models describe the universe objectively or just define the limits of our own knowledge

an abstract, one-at-a-time translation of a universe where things are happening altogether-at-once, a universe whose concrete reality always escapes perfect description in these abstract terms (Words are “abstract terms” and can be spoken only one-at-a-time.)

enormous networks of electrical forces—atom, molecule, cell, planet, stars: all forms dancing to the nuclear tune. The cosmic design is this network of energy whirling through space-time

man’s fall from original innocence and integrity, his remoteness on this earth from Divine Vision (We were all born innocent and Divine. Conditioning and ego have robbed us of our lives. LSD can get us our lives back. Is anything more important?)

orgiastic feelings of cosmic proportions, spiritual liberation and enlightenment, a sense of ecstatic connection with all of creation and mystical union with the creative principle of the universe

the very life of the universe, which is complete at every moment and does not need to justify itself by aiming at something beyond (The universe is infinite and there is nothing beyond.)

to explore the underlying mystery of the spirit which lives and moves in forms, the underlying rhythm of the mysterious spirit that manifests itself in every aspect of our universe

assertions of having known the origin and goal of history, of having found the answer to the ancient query, “What am I?”, of having intuited the harmonious structure of the universe, of having experienced the primacy of love and the brotherhood of man, or of having realized the reality of life that transcends temporal death

those universal psychic archetypal structures that we share with the whole of mankind, such as the archetypal idea of mana, the hero, the cosmic God-man, the mother earth, the helpful animal, or the trickster figure, which we find in all mythologies and all religious systems (These things are seen with eyes closed.)

a crisp, clear night of stars

a galaxy of nuclear-powered atoms spinning through changing patterns

a mystical understanding of the universe, a cosmic type of spirituality

a new vision of the universe and his place in it

a psycho-physical universe with an infinitude of potentialities

a scientific and philosophic adventure into the vastness of the universe of the mind

a sense of what may be called the ultimate All-Rightness of the universe

a shift in the sense of identity—from the ego to the universe

a star with a living heart

a sudden new look at oneself and the universe

a universe with many more dimensions than we know

a visionary glimpse of a deeper reality, an insight into the true basis of the universe

a whole universe inside the atom in which activities move with the speed of light

access to information about almost any aspect of the universe

access to new information about the universe

all the more heavenly for being heaven on earth and not heaven in heaven

amazing new dimensions of galaxies within

an era long before pollution, when streams were pure and the earth was a garden
an “interior” of the universe
an organic and unitary vision of the universe
an organic view of the universe
clothed with the heavens and crowned with the stars
connecting himself with the living core of the planet
divine play, the divine play of the universe
earth wiggles, water streams and waves and nature in general dances and swings
experience of awakening to our “original inseparability” with the universe
eyes closed—details of forms more minute and miraculous than anything upon earth
feelings of an encounter with the eternal forces of the universe
freed from the bonds of appearances, has liberated himself and now walks the earth
galaxies of exploding colors (eyes closed)
his true self being as eternal as the universe
in touch with the true nature of the universe
locked into the primordial energy of the globe
lofty insights into the meaning of existence and the universe
LSD capable of ushering in the Kingdom of Heaven on earth
mystical understanding of the universe
new insight into the universe and man
noticing in every small simple thing a universe of complexity
penetrate into the mystical universe which surrounds him
remember your original identity as the source and ground of the universe
reveals the inner secrets of the universe and lifts man to the realization of his divinity
revelations concerning the nature of the universe itself
sensation that the whole universe is actually your own body
shall bring the glory of the stars into the hearts of men
the archetypal pattern of the universe
the awakened earth
the colossal roar that filled the universe
the discovery of the vibratory nature of the universe
the divine meaning underlying the workings of the universe
the electric core of the universe
the energy flow of the universe
the essentially musical and dancing spirit of the universe, the musical quality of nature
the expansive universe to which drugs such as LSD can open up the mortal brain
the experience of death and rebirth, union with the universe or God
the experience of self-transcendence and solidarity with the universe
the far galactic outposts of awareness
the inheritance of the kingdom of heaven within ourselves while we are still on this earth
the inter-galactic trip
the laughter of the universe
the living universe
the mystical nature of the universe
the new heaven and the new earth
the new image of the universe

the one moment's flash of illumination which seems to shake the whole universe
the organic pattern of the universe
the organismic nature of the universe
the perception that one has glimpsed and understood the workings of the universe
the poetic idea of the universe as the play or dance of God
the primal energy in the universe
the secrets of the universe embedded in the DNA
the trip to your inner galaxies
the ultimate power that moves the galaxies and nucleus of the atom
the union within ourselves and union of ourselves with the rest of the universe
the universe a living presence
the universe an infinitely intricate web of interrelated events
the universe of the human body
the universe seen as the outflow of my own inmost nature
the unspeakable world of the physical universe, the world that is other than words
the whole face of earth and heaven glorified
the world of beauty, the sun, the flowers, fresh-fragrant air
this state of unity of the individual self with the universe
time to go in and leave the garden to the awakening stars
to experience the world in terms of the Einsteinian exponential view of the universe
to explore our own minds and consciousness and thereby the universe
to peek beneath the cosmic curtain and see what the universe is all about
to perceive the pulse of the universe in himself and others
to rediscover the universe as distinct from a mere multiverse
to see the universe again with an innocent eye
to unveil the mysteries of the universe, to seek that ultimate wisdom
trees reaching down as if yearning toward the heart of the earth
undreamed of structural and phenomenological galaxies within
very much aware of being temporary inhabitants of a human from on this planet
wandering far out across the long night of the universe
went down the stairs and they never ended, like going down into the center of the earth